

SESSION 2 – 19 November (15.00 – 17.00 CET)

Chair: Merry Bullock, Estonian Union of Psychologists and International Council of Psychologists

15:00 – 15:05	Opening words
15:05 – 15:20	Modern warfare: What it means for citizens. Resilience and impact of the war and resilience in the short and longer term Valeria Palii, Kyiv School of Economics; National Psychological Association of Ukraine (vice president)
15:20 – 15:35	Mental health support away from home. Helpline for Ukrainian refugees across Europe Vitalina Ustenko, psychotherapist and crisis counsellor
15:35 – 15:50	MESUR: Mental Health Support for Ukrainian Refugees Piotr Toczyski, Maria Grzegorzewska University, Warsaw, Poland
15:50 – 16:05	Review of initiatives to support mental health of Ukrainian refugees in Estonia: temporary measures or strategic adaptation of the health care system? Kenn Konstabel, National Institute for Health Development; Estonian Union of Psychologists
16:05 – 16:20	Work of the IFRC Psychosocial Centre Ganna Goloktionova, Technical Advisor at the IFRC Psychosocial Centre
16:20 – 16:50	Panel discussion <u>Moderator:</u> Jaanika Merilo, NGO Heroiam Slava <u>Panelists:</u> Valeria Palii, Vitalina Ustenko, Piotr Toczyski, Kenn Konstabel, Ganna Goloktionova
16:50 – 17:00	Q&A and concluding remarks

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