

The Promises and Pitfalls of using Machine Learning in Mental Health

David Gosar, PsyD, PhD

Contents



Artificial Intelligence, Machine Learning & Deep Learning

- How did we get here
- Overview of supervised and unsupervised learning
- Basics of "shallow" Machine Learning Methods
- Fundamentals of Deep Learning

Application in Clinical Psychology & other Domains of Psychology

- Prediction of risk and outcomes
- Machine learning as tool for understanding complexity
- > The potential of ML generated data & Large Language Models (LLMs)

Critical Thinking about ML & Ethical Issues

- Cesare Lombroso revisited & criterion validity as king
- An appeal for construct validation & XAI

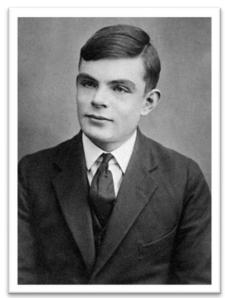
Artificial Intelligence, Machine Learning & Deep Learning

How did we get here

Emergence of AI during in 1950s

- "…the effort to automate intellectual tasks normally performed by humans"¹
- mathematician Alan Turing (1912-1954) development of a general purpose computer applied to cryptography problem
- development of expert systems
 - useful for development of well-defined, logical problems
 - unable to solve complex, "fuzzy" problems such as:
 - $\hfill\square$ image classification
 - □ speech recognition
 - □ language translation
 - $\hfill\square$ face recognition
 - □ ...

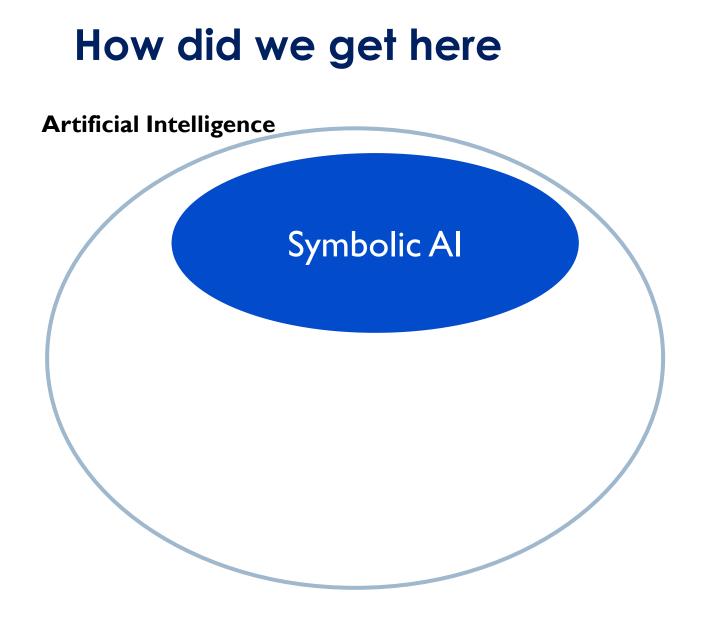








ENIGMA machine



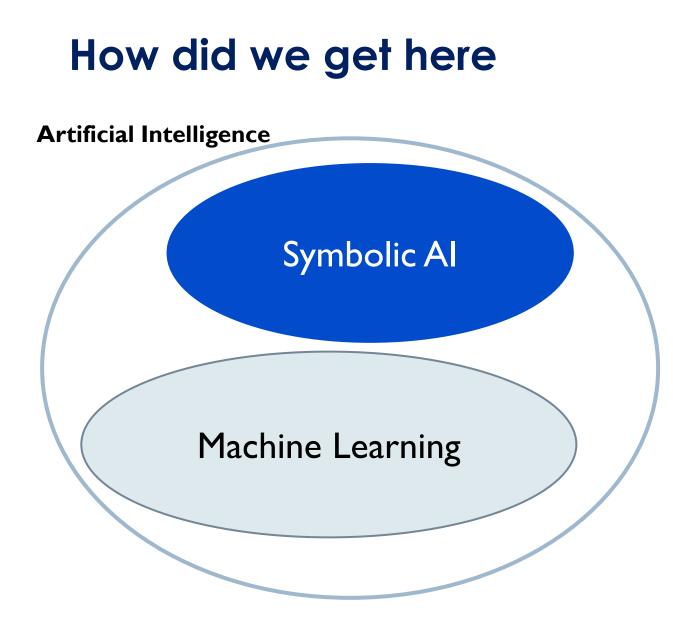


History

- Ist Artificial intelligence boom –
 "expert systems" & symbolic Al
 - fueled by computer tech of 1980s
 - decision rules & specific domain knowledge hard-coded
 - domain specific AI (e.g. chess,)

Gary Kasparov vs. IBM Deep Blue





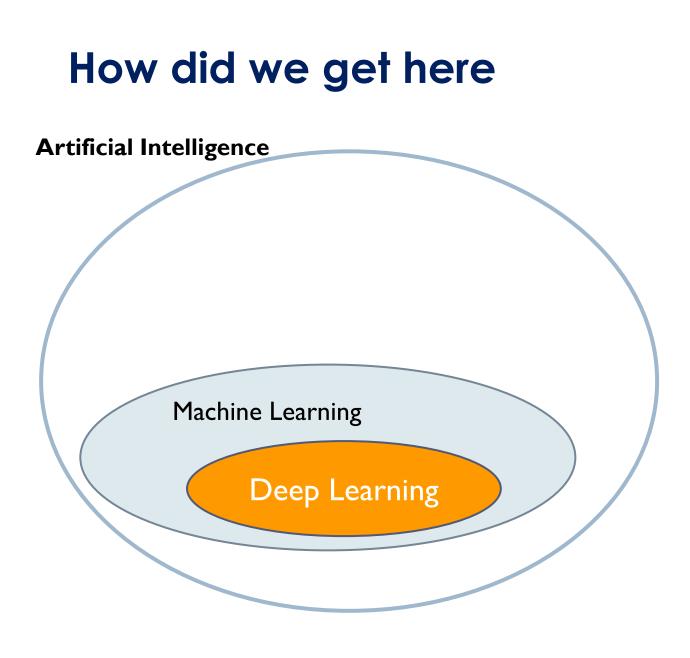


History

- 2st Artificial intelligence boom learning machines
 - from "rules + data = results" to "data + results = rules"
 - algorithms not hard-coded, but learned from data, based on it's statistical structure → meaningful transformations
 - internet and the rise of Big Data



my alarm Jok hot rout hoț riot not must





History

- 3st Artificial intelligence boom –
 "deep learning" & neural net stacks
 - easy to use ML software (R+, python)
 - explosion of data availability Big Data
 - gaming industry (affordable GPU's & CUDA)
 - increasing impact in field of mental health

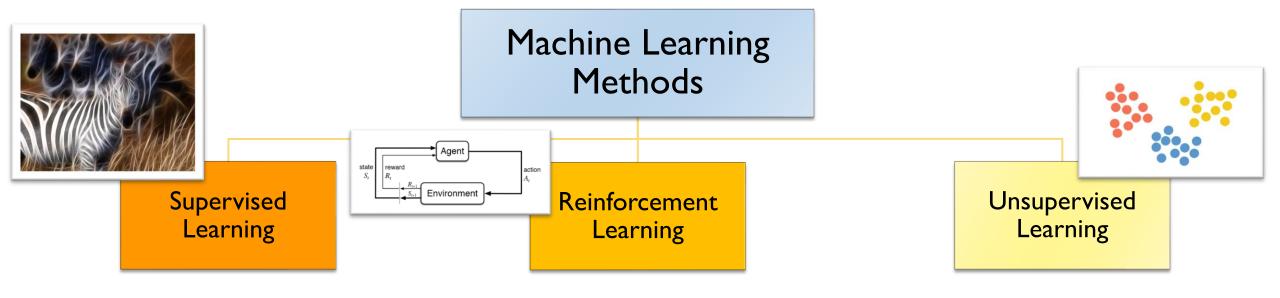


Annual Review of Clinical Psychology Machine Learning Approaches for Clinical Psychology and Psychiatry

Dominic B. Dwyer, Peter Falkai, and Nikolaos Koutsouleris

Overview of supervised & unsupervised machine learning





- labeling cases to facilitate learning specific rules that can be later applied to unlabeled cases
- image classification, prediction depression based on risk¹...
- labeled cases need not be presented, and sub-optimal actions not corrected
- exploration (of uncharted behavior) via mechanism of action generation and feedback on success in discrete time-steps
- traffic light control, playing poker, Artificial Intelligence Clinician²...

- learning to automatically detect subgroups of individuals based on similar profiles of data
- clustering based on cognitive performance, genes, neuroimaging, predicting disease based on patient records – Deep Patient³

Basics of Supervised Machine Learning

- in supervised learning CLASSIFICATION or REGRESSION
- metrics for parameter tuning is Estimation Accuracy
 - for classification measures of based on confusion matrix:
 - □ Accuracy (ACC)
 - □ **Recall** or True Positive Rate (TPR)
 - □ **Precision** or Positive Predictive Value (PPV)
 - □ FI or F-measure combination of Recall & Precision
 - □ area under the ROC curve (AUC)
 - for prediction in context of regression:
 - Mean Absolute Error (MAE) average of the absolute differences between predictions and actual values
 - □ *Mean Squared Error* (MSE) similar to MAE
 - □ **R^2** Metric coefficient of determination



Predicted class N P True False Positives Negatives (TP)(FN) Actual Class False True Positives Negatives N (FP)(TN)

$$ACC = \frac{(TP + TN)}{(TP + FP + FN + TN)}$$

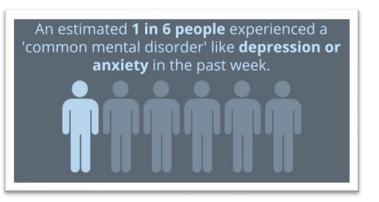
$$Recall = TPR = \frac{TP}{(TP + FN)}$$

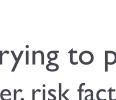
TD

$$PPV = \frac{TP}{(TP + FP)}$$
$$F - measure = \frac{2TP}{2TP + FP + FN}$$

Basics of Supervised Machine Learning

- common **issue with classifying in clinical settings** the group we are trying to predict is significantly smaller than the comparison group (i.e. people with a mental disorder, risk factor...etc.)
- misleadingly high accuracy prevalence of 5%, accuracy 95% (based on baserate)
- optimizing models with such unbalanced data
 - estimating accuracy using **Balanced Accuracy** (in terms of true positive and negative cases balanced by the sample size of each positive and negative group), sometimes also AUC, FI and Cohen Kappa
 - b different methods to offset different group sizes:
 - \Box class re-weighting with optimization algorithm (adapt cost function)
 - \Box under-sampling larger group (when lots of data)
 - \Box over-sampling of smaller group
 - □ Synthetic Minority Over-sampling Technique (SMOTE)¹







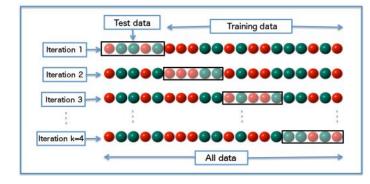
Basics of Supervised Machine Learning

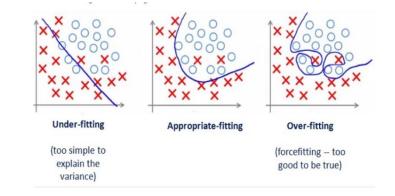
- Two-sets of parameters
 - parameters (weights, support vectors, decision rules...) of the model
 - hyper-parameters (model setup, architecture)
- Data requirements: training, testing & validation dataset
 - Training dataset tune parameters
 - Testing dataset evaluate hyper-parameters (under- or over-fitting)
 - Validation dataset evaluate on independent data
 - V-fold Cross-validation often used to create training and testing datasets
 usually 5- to 10-fold cross validation recommended
 - bootstrapping may also be used

Data Explosion in Age of Big Data

- from long-form (more cases than variables) to wide-form (more variables than cases)
- issues of variable selection
- importance of parallel computing (taking advantage of Moore's Law)







¹ Gatys, Ecker & Bethge (2015)

Support Vector Machines

findings cases that best separate groups (model parameters)

Linear Kernel

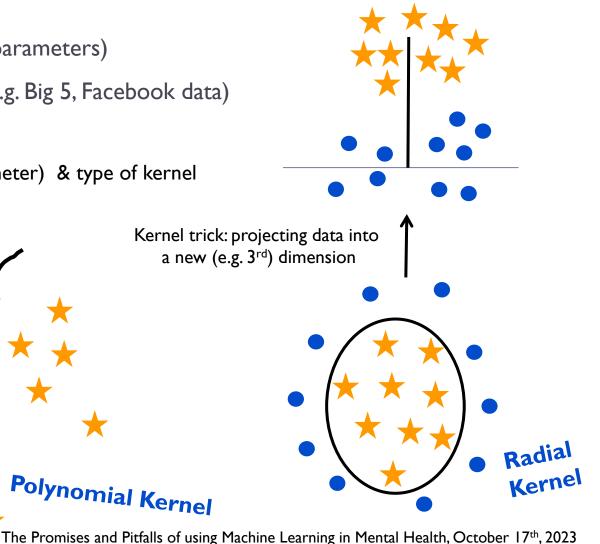
Support Vectors

- projection in (high)dimensional feature space (e.g. Big 5, Facebook data)
- model hyper-parameters

 ξ parameter

 \blacktriangleright distance from best hyper-plane separating groups (ξ parameter) & type of kernel

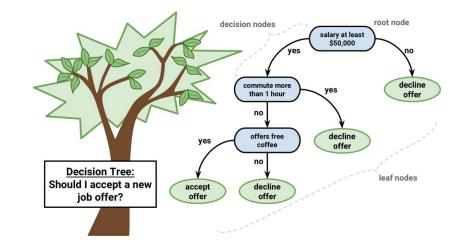






Random Forests

- based on decision trees
 - consecutively looking at best splits of groups after splitting based on predictor
- ▶ predictions are combined from many decision trees by using voting → "random forest"
- algorithm takes advantage of a concept in ML called
 Ensamble Learning
 - the combined predicative power of weak learners is more robust and stronger than each individual algorithm
 - other similar concepts such as boosting (improving on weakness of models trained in previous step)
- among the more competitive "shallow" ML methods
- variable importance metrics^{1,2}
 - importance for prediction & degree of interaction with var's







Random Forests – Example

- predicting Employee Turnover based on multiple predictors in Company
- bootstrapping used for parameter estimation
- results given in terms of variable importance

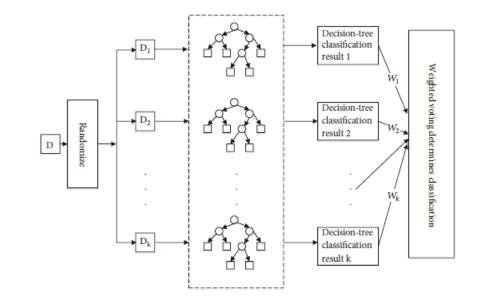
No.	Feature	Score	No.	Feature	Score
1	MonthlyIncome	0.2816	16	EducationField	0.0137
2	OverTime	0.2762	17	WinningCount	0.0100
3	Age	0.0665	18	Gender	0.0093
4	DistanceFromHome	0.0431	19	NumberCompaniesWorked	0.0073
5	YearsatCompany	0.0317	20	HaveChildren	0.0069
6	PercentSalaryIncrease	0.0306	21	EnvironmentSatisfaction	0.0065
7	YearsinCurrentRole	0.0289	22	RelationshipSatisfaction	0.0062
8	TrainingTimesLastYear	0.0257	23	JobSatisfaction	0.0060
9	YearsSinceLastPromotion	0.0250	24	EmploymentNature	0.0056
10	YearswithCurrentManager	0.0218	25	MaritalStatus	0.0036
11	AvgWorkHours	0.0211	26	PerformanceRatingLastYear	0.0031
12	TotalWorkingYears	0.0208	27	WorkLifeBalance	0.0015
13	JobLevel	0.0173	28	PhysicalCondition	0.0007
4	Education	0.0141	29	JobRole	0.0007
15	DepartmentType	0.0140	30	NativePlace	0.0004

TABLE 3: Importance score of 30 features.

An Improved Random Forest Algorithm for Predicting Employee Turnover

Xiang Gao (),¹ Junhao Wen (),² and Cheng Zhang¹

¹College of Computer Science, Chongqing University, Chongqing 400044, China
 ²College of Big Data & Software Engineering, Chongqing University, Chongqing 400044, China





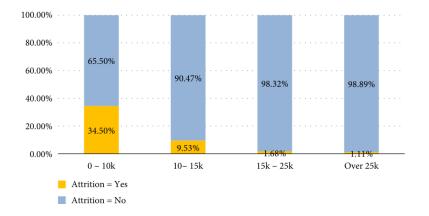
Random Forests - Example

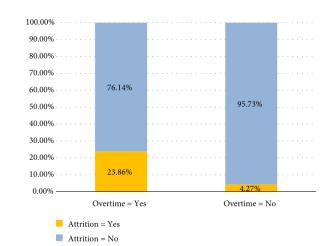
- **good practice**: validation dataset + baseline
- be wary of ML studies reporting high accuracy without a separate validation dataset !!!
- "Guidelines for Developing and Reporting Machine Learning Predictive Models in Biomedical Research: A Multidisciplinary View"

Algorithms	Recall	F-measure	ROC Area	ACC (%)
RF	0.627	0.698	0.850	92.65
C4.5	0.561	0.564	0.773	91.05
Logistic	0.469	0.259	0.807	90.20
BP	0.502	0.560	0.781	89.30
WQRF	0.653	0.711	0.881	92.80

TABLE 4: Experimental results of different algorithms.

An Improved Random Forest Algorithm for Predicting Employee Turnover







• Other Methods:

- Principal component analysis (PCA) (Pearson, 1901)
- Linear discriminant analysis (LDA) (Fisher, 1936)
- Isometric feature mapping (Isomap) (Tenenbaum, Silva, & Langford, 2000)
- Extreme Gradient Boosting (Chen & Guestrin, 2016)
- Single Layer Neural Networks e.g. perceptron (Rosenblatt, 1957)

Revolution with the development of Deep Learning

- Geoffrey Hinton and two students attended the 2012 ImageNet Large Scale Visual Recognition Challenge (ILSVRC2012) - won the first place with more than 10% improvement of top-5 test error rate over the second best entry¹
- Development of GPU's and the Compute Unified Device Architecture (CUDA) in 2010s allowed training of multi-layer neural networks

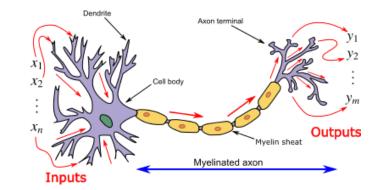
Neural Networks – neurons as inspiration

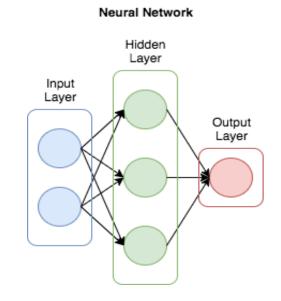
- neurons perform computations by aggregating information from incoming connections to dendrites and then passing a signal along the axon to the next neuron or muscle junction
- the connections that are more often used (and/or prove beneficial) are strengthened, others disregarded
 - "units that fire together, wire together" Donald Hebb
- combining neurons together in a network & using feedback loops allows for complex computations

Artificial Neural Networks

- ▶ Input layer \rightarrow hidden layer \rightarrow output
- mathematical models that through a repeated process of iterations compute the optimal connections between the input, hidden & output layers to get the predicted output

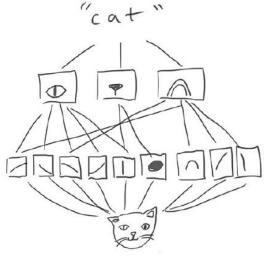






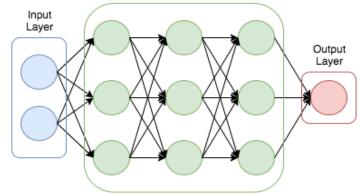
- **Deep Learning –** stacking multiple hidden layers
 - combining multiple hidden layers together turns out to improve prediction accuracy and enables abstraction of information – just like an information distillery...but why
 - each layer level learns to transform its input data into a slightly more abstract and composite representation
 - e.g. image classification:
 - $\hfill\square$ first layer may abstract the pixels and encode edges
 - $\hfill\square$ second layer may compose and encode arrangements of edges
 - $\hfill\square$ third layer may encode a nose and eyes
 - $\hfill\square$ fourth layer may recognize that the image contains a face...
 - is able to learn which features to optimally place in which level on its own
 - successful application in computer vision, speech recognition, natural language processing, audio recognition, social network filtering, machine translation, medical image analysis, material inspection and board game programs





Deep Neural Network



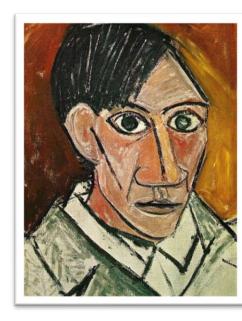


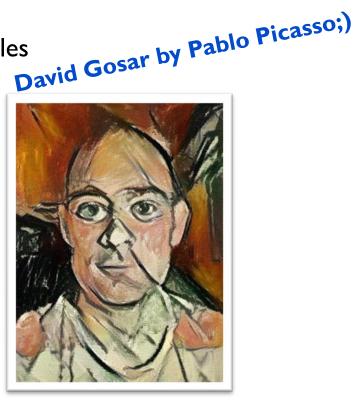
¹ Chollet & Allaire (2018)

efpa European Federation of Psychologists' Associations

- Convolutional Neural Networks (CNNs)¹
 - CNNs are able to detect spatially invariant features with progressive abstraction
 - the first to achieve human-competitive performance on certain practical applications
 - image classification of small & large objects in cluttered scenes
 - able to generated data that reflects spatial characteristics at different scales



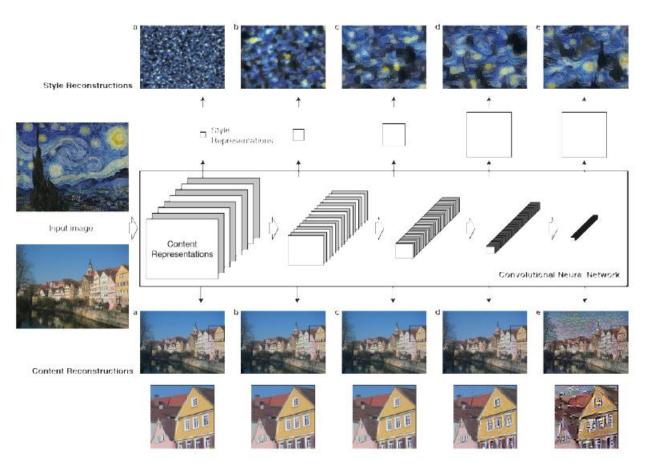




CNN's reproducing artistic style

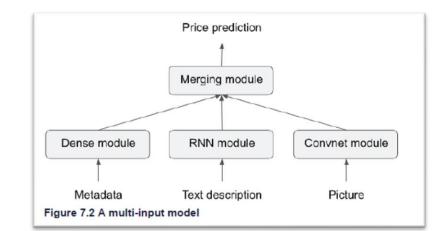
- lower levels of CNN (a, b, c) reconstruct an original image almost perfectly, at higher levels (d,e) only high-level content is preserved
- style representation are computed as correlations between the different features in different layers of the CNN that match the style of a given image on an increasing scale
- at same time discarding information of the global arrangement of the scene and capturing their general appearance in terms of color and localized structures
- two images can synthesized by finding an image that simultaneously matches the content representation of the photograph & style representations of the artwork





- Transferring layers to new problems transferring knowledge
 - using layer from pre-trained network to solve smaller sample picture classification¹
 - solving classification problems of 4000 cats & dogs with the help of a pre-trained network layer, trained on ImageNet (collection of 1.4 million labeled images of over 1000 categories)
 - transfer of layers from deep neural networks (DNN) for language translation²
 - e.g. layer from DNN for translating English to French transferred to translating English to Italian enables faster learning of new association
- Similar performance to humans in terms test item difficulty³
 - study looking at IRT indicators of question difficulty (based on responses from 1000 humans from Amazon Mechanical Turk assessing pairs of premise & hypothesis pairs – if, then)
 - as DNN trained with more data easier examples are learned more quickly than hard ones
- Great flexibility in Deep Learning Architecture
 - Combining multi-modal data (text, picture, geo-location...)

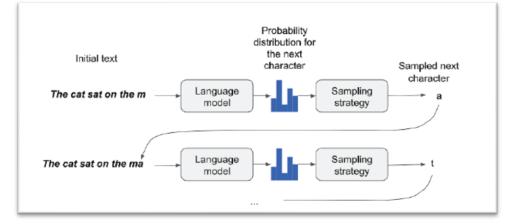
¹ Chollet & Allaire (2018), ² Qi et al. (2018), ³ Lalor, Wu, Munkhdalai & Yu (2018)

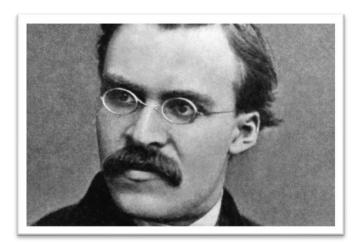




- recurrent Neural Networks (RNNs) to map text stream into a latent language space
- possible to sample the latent language space to obtain the prediction of the next token (e.g. word) in a next stream
- variability of sampling has important implication for text reproduction
 - (e.g. replicating text from Friedrich Nietzsche)
 - no variability (low temperature = 0.20) realistic, repetitive, realistic
 - cheerfulness, friendliness and kindness of a heart are the sense of the spirit is a man with the sense of the sense of the world of the self-end and selfconcerning the subjection of the strengthorixes – the subjection of the subjection of the subjection...
 - Iimited variability (medium temperature = 0.50) unusual, yet still comprehensible
 - □ cheerfulness, friendliness and kindness of a heart are the part of the soul who have been the art of the philosophers, and which the one won't say, which is it the higher the and with religion of the frences. the life of the spirit among the most continuess...
 - great variability (high temperature = 1.00) non-existent words, less plausible
 - □ cheerfulness, friendliness and kindness of a heart are spiritual by the ciuture for the entalled is, he astraged, or errors to our you idstood--and it needs, to think by spars to whole the amvives of the newoatly, prefectl yraals!



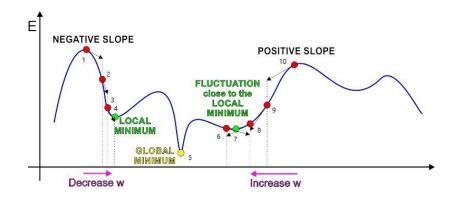


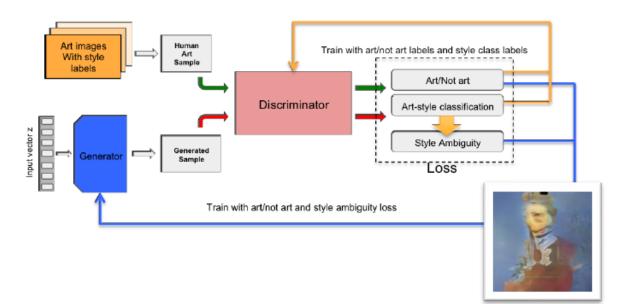


Friedrich Nietzsche

Fundamentals of Deep Learning & Other Machine Learning Methods







¹Chollet & Allaire (2018), ²Elgammal, Liu, Elhoseiny & Mazzone (2017), ³Kant (2018)

- Tuning parameters & hyper-parameters
 - parameter tuning mostly gradient descent
 - optimizing hyper-parameters currently more an art than a science¹
 - <u>3 datasets: training, testing, validation !!!</u>

Current trends

- faking a Picasso adversarial networks²
 - ▶ 2 networks 1st producing, 2nd evaluating
- Program Synthesis³
 - using genetic or other algorithms to develop computer code
 - nesting hyper-parameter evaluation into "for",
 "while" and other programming loops
- emphasis on using unstructured data

4th Artificial intelingence boom 2017 - 2023



DALL-E: "An impressionist painting of ChatGPT AI in spring with flowers in Ljubljana"

Large Language Models (LLMs) Basic Principles



- recurrent neural networks (RNN)
 - how many words forward and back to take into account?
 - how to take word order into account (e.g."boy chases dog" vs."dog chases boy")
 - how to account for context (e.g. "Midnight oil")
 - "transformer" architecture
 - <u>"Attention is all you need</u>" (Vasvani et al., 2017)
 - dynamic weighting of all words in a text
 - weighting of connections for the prediction of words within model is dynamic and weighted differently according to current combination

 <u>taking context into account</u>
 - + convolutional neural networks (CNN)

The Promises and Pitfalls of using Machine Learning in Mental Health, October 17th, 2023

Encoding Stage **Decoding Stage** Decode **RNN** étudiant Neural Machine Translation QUENCE TO SEQUENCE MODEL WITH ATTENTION Encoding Stage Decoding Stage Attention Incod Decoder RNN étudiant Encode hidder Je suis

Neural Machine Translation SEQUENCE TO SEQUENCE MODEL

large models – millions of parameters

étudiant

Large Language Models (LLMs)

Tools for psychological research

types of large language models

- BERT (Bidirectional Encoder Representations from Transformers)
- ► T5 (Text-to-Text Transformer)
- conversational models (Generative Pretrained Transformers) - ala ChatGPT

large language models are large

- chatGPT3 (175 billion parameters 1000x less than connections in brain, 500 billion besed, price of computing power 12 milion \$)
- GLaM (1.2 billion parameters)
- additional optimization of model possible for specific purposes – i.e. prediction of self-harming behavior

BERT-Based Transformers for Early Detection of Mental Health Illnesses

Rodrigo Martínez-Castaño
1,2(\boxtimes), Amal Htait², Leif Azzopardi², and Yashar Moshfeg
hi²

 ¹ Centro Singular de Investigación en Tecnoloxías Intelixentes (CiTIUS), Universidade de Santiago de Compostela, Santiago, Spain rodrigo.martinez@usc.es
 ² Department of Computer and Information Sciences, University of Strathclyd Glasgow, UK {amal.htait,leif.azzopardi,yashar.moshfeghi}@strath.ac.uk

Abstract. This paper briefly describes our research groups' efforts in tackling Task 1 (Early Detection of Signs of Self-Harm), and Task 2 (Measuring the Severity of the Signs of Depression) from the CLEF eRisk Track. Core to how we approached these problems was the use of BERT-based classifiers which were trained specifically for each task. Our results on both tasks indicate that this approach delivers high performance across a series of measures, particularly for Task 1, where our submissions obtained the best performance for precision, F1, latency-weighted F1 and ERDE at 5 and 50. This work suggests that BERT-based classifiers, when trained appropriately, can accurately infer which social media users are at risk of self-harming, with precision up to 91.3% for Task 1. Given these promising results, it will be interesting to further refine the training regime, classifier and early detection scoring mechanism, as well as apply the same approach to other related tasks (e.g., anorexia, depression, suicide).



Application in Clinical Psychology & other Domains of Psychology

Prediction of risk and outcomes



	Contents lists available at ScienceDirect	AFFECTIVE DIS
A CL	Journal of Affective Disorders	
ELSEVIER	journal homepage: www.elsevier.com/locate/jad	•A
Review article		

The use of machine learning in the study of suicidal and non-suicidal selfinjurious thoughts and behaviors: A systematic review

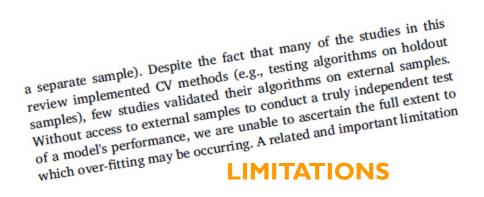
Taylor A. Burke^{a,1,*}, Brooke A. Ammerman^{b,1}, Ross Jacobucci^b

7. Directions for future research

7.1. Broaden outcomes and indicators WAYS FORWARD

7.2. Broadening research questions

7.3. Advancing ML techniques



Predicting suicide notoriously difficult

- rare but highly significant event¹
- EU I I / 100000, Slovenia 19/ 100000
- focus of (Machine Learning) ML studies
 - improve prediction accuracy
 - earlier reviews of non-ML prediction (AUC ~ 0.58)
 - better ML prediction (AUC ~ 0.71 to 0.89)
 - identify important indicators & interactions
 - identified well known risk factors (depression, earlier attempts, psychiatric hospitalization)
 - identified unusual indicators in clinical notes
 - model high-risk subgroups
 - specific high-risk groups identified using decision trees
 - e.g. female adolescents, high depression, delinquent²

The Promises and Pitfalls of using Machine Learning in Mental Health, October 17th, 2023

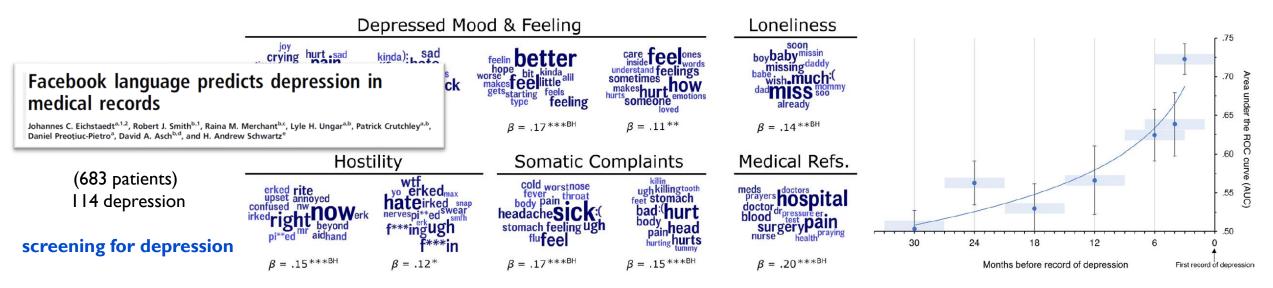
¹Eurostat (2014), ²Bae et al. (2015)

Prediction of risk and outcomes



Tackling Depression by Mining FaceBook

- text mining (e.g. studying psychological states and traits using Facebook posts^{1,2})
 - determine writer's different emotions, thinking style, social concern by mapping words to language categories that captures people's social and psychological states
 - key word and phrases identified by frequency rank or by special metrics (term frequency inverse document frequency), which measures the relative information value of a term
 - **TF** (number of times a term occurs in a document) **IDF** (the log of the number of documents a term occurs in)
 - \square e.g. the word "the" occurs in many documents, but the "words" depression is specific do related documents



Prediction of risk and outcomes

Other studies with similar goals for ML

identifying post-partum depression from social media posts





Prediction of postpartum depression using machine learning techniques from social media text

lram Fatima¹ | Burhan Ud Din Abbasi² | Sharifullah Khan² | Majed Al-Saeed¹ | Hafiz Farooq Ahmad¹ | Rafia Mumtaz²



anyone

TABLE 9 Validation of feature set from psychology literature

Feature	Current work	Petrick (1984)	Boyer (1990)	Beck (2001)	
1	Family	Emotional support of partner and/or family	Support from family	Social support	
			Feeling unloved by partner	Marital relationship	
2	Drive	Recent major changes in ones' life	Lack of control of one's life	Self esteem	
		Difficulty making changes			
3	Death	Fear of illness			
4	Anger		Angry at your life situation		
5	Home		Financial, housing, or other personal problems	Life stress	
				Socio-economic status	
6	Negative emotion		Feel it is your fault when bad things happen to you		

TABLE 5 D-CC performance scores

SVM MLP

LR

SVM

MLP

LR

D-CC layer

10-fold C.V.

Holdout

Classifier

Precis

89.69

91.83

90.46

90.61

91.74

90.90

90.87

Accuracy 89.42

91.63

90.31

90.46

91.70

90.84

FIGURE 3 Word clouds for post titles. PPD, postpartum depression

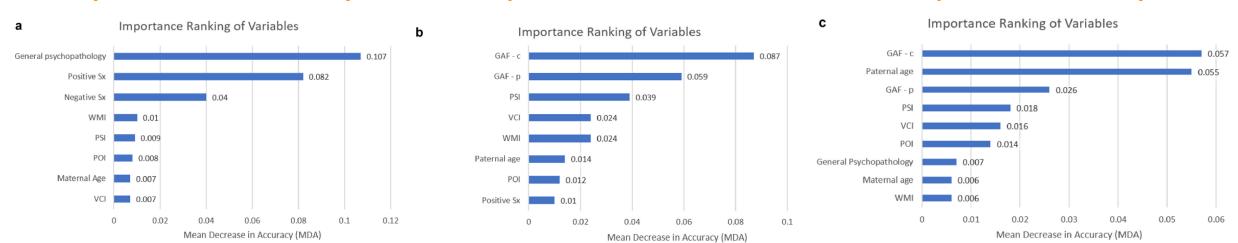


FIGURE 4 Word clouds for post contents. PPD, postpartum depression

Machine learning as tool for understanding complexity



- Random Forests to find features associated with specific psychiatric disorders¹
 - II3 psychiatric patients & 51 healthy control cases
 - schizophrenia (n=60), schizoaffective disorder (n=19), bipolar disorder (n=20), unipolar depression (n=14)
 - used multiclass classification to examine predictors (positive, negative, and general psychopathology symptoms, cognitive indexes, global assessment of function (GAF), and parental ages at birth)
 - reported good accuracy with RF (Accuracy = 0.93), but no validation dataset



Schizophrenia vs. Affective Disorder

Schizophrenia vs. Other Psychiatric

¹Walsh-Messinger et al. (2019)

Psychiatric Cases vs. Healthy

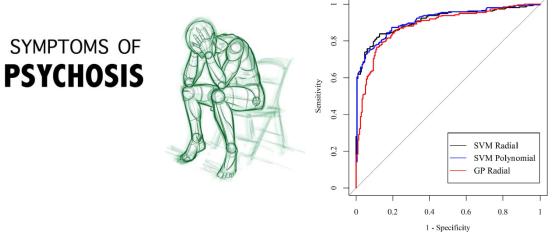
Machine learning as tool for understanding complexity

- Identifying psychosis spectrum disorder from experience sampling data (ESM) using ML approaches
 - ESM is a validated, structured diary approach to capture momentary mental states (emotions) in the context of daily life, using repeated assessments and alerting participants by means of prompts (e.g. mobile Apps)
 - 260 psychosis spectrum patients & 212 healthy controls
 - filled out questionnaire with 10-items 10x per day
 - three positive (cheerful, relaxed and satisfied)
 - six negative (anxious, down, guilty, insecure, irritated, lonely)
 - one psychosis specific item (suspicious)
 - SVM's indicated that key features were
 - anxious and insecure levels
 - dynamically accelerating anxiety & insecurity
 - capturing successive "up-and-downs" rather than individual "ups" or "downs" important



Rank	varImp(LVQ)	RFE	ReliefF
1	acc.anxious.interq	cheerful.q0.1	cheerful.q0.1
2	insecure.q0.9	Age	relaxed.med
3	acc.anxious.q0.9	acc.anxious.interq	velo.guilty.q0.1
4	down.q0.9	satisfied.q0.1	relaxed.q0.9
5	lonely.q0.9	lonely.q0.9	velo.irritated.q0.9
6	cheerful.q0.1	acc.satisfied.inter	down.q0.9
7	anxious.q0.9	suspicious.q0.9	insecure.q0.9
8	acc.insecure.interq	acc.anxious.q0.9	velo.suspicious.interg
9	insecure.interq	acc.insecure.interq	suspicious.q0.9
10	down.interq	lonely.interq	velo.suspicious.q0.1
Commo	n in top 20: cheerful.q0.1	, insecure.q0.9	

Variable rank with Learning Vector Quantization (LVQ), Recursive Feature Elimination (RFE) and ReliefF feature selection methods applied on the dataset including base, velocity and acceleration data in normal values, with V2 aggregation applied. Abbreviations in variable names are as follows: acc: acceleration, interq: interquartile, q: quantile, velo: velocity, med: median.



The potential of ML generated data

Technology-Enhanced Human Interaction in Mental Health Treatment

- with natural language processing ML models have been used to automatically classify psychotherapies & interventions¹ and test basic theories of empathy in the context of psychotherapy from session transcripts²
- ML used to automatically generate session ratings of interventions such as Motivational Interviewing³
- Koko⁴ smartphone platform providing emotional and cognitive reframing through crowd-sourced responses sorted and presented to clients by machine learning algorithms Clinical Trial at MIT - (https://itskoko.com/)

¹Imel et al. (2015), ²Lord et al. (2015), ³Gibson et al. (2016), ⁴Morris, Schueller & Picard (2015)



ournal of Counseling Psychology 017, Vol. 64, No. 4, 385-393 © 2017 American Psychological Association 0022-0167/17/\$12.00 http://dx.doi.org/10.1037/cou0000213

Technology-Enhanced Human Interaction in Psychotherapy

Zac E. Imel, Derek D. Caperton, and Michael Tanana University of Utah

David C. Atkins University of Washington



Crowdsourced cognitive therapy

In essence, the platform empowered its users to help each other think more hopefully about the world. Unlike traditional peer support platforms, all interactions on our service were supported and augmented by Al.

"Panoply" (n=84) or online expressive writing (n=82) \rightarrow posting descriptions of stressful thoughts & situations, with "Panoply" recieving crowdsourced reappraisal support after post \rightarrow improvements for depression, reappraisal and perseverative thinking

Deep Learning for detecting thinking errors & emotions (Rojas-Barahona et al., 2018)

e.g., shop

s, each ms are nternal adhers (e.g., ded by models essions, . Comderived otations ommon

brence

The potential of ML generated data

Machine-learned selection of psychological questionnaire items relevant to the development of persistent pain after breast cancer surgery J. Lötsch^{1,2,*}, R. Sipilä³, V. Dimova⁴ and E. Kalso³

- 3000 women followed up 3-years after breast cancer surgery
- **Goal**: find items from test battery that best predict persistent pain
 - Beck Depression Inventory (BDI)
 - State-Trait Inventory (STAI)
 - State-Trait Anger Expression Inventory
- Random Forest with 7-item set (10%) same predictive power as full battery
 - Balanced Accuracy = 0.64
- I 000-bootstrap sampling, but no validation data sample

РЅYCHOMETRIKA—VOL. 83, NO. 4, 847–857 DECEMBER 2018 https://doi.org/10.1007/s11336-018-9608-y



AUTOMATED ITEM GENERATION WITH RECURRENT NEURAL NETWORKS

Matthias von Davier

NATIONAL BOARD OF MEDICAL EXAMINERS

synthetic item generation not new

- earlier relied on generating clones of narrowly defined items or extensive analysis of task components and derivation
- automated item generation using recurrent neural networks (RNN)
 - LSTM-RNN (256 cells per layer, 2 hidden layers, 64 cells per layer 4 hidden layers)
- learned from 3,320 items from International Personality Item Pool (http://ipip.ori.org/AlphabeticalltemList.htm)
 - 24 automatically generated items with 17 item from the item pool reproduced big 5 structure
 - no systematic difference compared to "real" items



Large Language Models (LLMs)

tools for psychological research



OPEN Natural language analyzed with AI-based transformers predict traditional subjective well-being measures approaching the theoretical upper limits in accuracy

Oscar N. E. Kjell^{1,2⊠}, Sverker Sikström¹, Katarina Kjell¹ & H. Andrew Schwartz²

Model	HILS	SWLS		
BERT contextualized word embeddings from word- and text-responses of HIL and SWL	0.85^***	0.80^**		
Reliability measures				
Inter-item Pearson correlation average	0.76	0.73		
Corrected item-total Pearson correlation average	0.84	0.82		
Test-retest reliability1 ¹⁰	0.71	0.82		
Test-retest reliability2 ¹⁷	0.77	0.84		

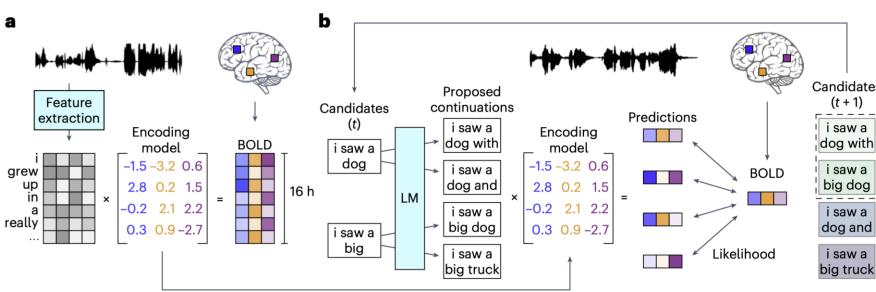
Table 1. Comparing Pearson Correlations based on All Responses Combined and Analyzed with
Contextualized Word Embeddings to the Reliability of the Rating Scales. Italic values indiactes results
from other articles/datasets. All correlations were significant at p < 0.001. N = 608. HIL = Harmony in
life; SWL = Satisfaction with life; S = Scale. \uparrow = significantly higher than Inter-item correlation average;
*** = p < 0.001, ** = p < 0.001.

- use of BERT on naturally generated text to predict psychological states & traits?
 - YES, with same reliability as psychological questionairres¹
- Predicting constructs such as Harmony in Life (HILS) in Satisfaction in life (SWLS)
 - "Overall in your life, are you in harmony or not?"
 - correlation between questionairre and BERT at level of reliability (r = 0.70-0.85)
 - BERT shows discriminant validity
 - use of context useful for sentences, but not singular words

Semantic reconstruction of continuous language from non-invasive brain recordings

Received: 1 April 2022

Jerry Tang¹, Amanda LeBel **©**², Shailee Jain **©**¹ & Alexander G. Huth **©**^{1.2}



Actual stimulus

i got up from the air mattress and pressed my face against the glass of the bedroom window expecting to see eyes staring back at me but instead finding only darkness

i didn't know whether to scream cry or run away instead i said leave me alone i don't need your help adam disappeared and i cleaned up alone crying

that night i went upstairs to what had been our bedroom and not knowing what else to do i turned out the lights and lay down on the floor

Decoded stimulus

i just continued to walk up to the window and open the glass i stood on my toes and peered out i didn't see anything and looked up again i saw nothing

started to scream and cry and then she just said i told you to leave me alone you can't hurt me anymore i'm sorry and then he stormed off i thought he had left i started to cry

we got back to my dorm room i had no idea where my bed was i just assumed i would sleep on it but instead i lay down on the floor

a ¦ th		a a		
a	Actual stimulus	Left speech	Left assoc	Left PFC
a nd	i was like no Pm out of here this is great and i want and hid behind a cabana and he left	they drove off they didn't even look back as i sat there thinking what the hell i should do	i ran outside and told them to leave me alone and go home i walked out the back	i told them to lea but they kept saying i can't stay here so i left and got my keys
а				

Association

Prefrontal

Speech

C Actu

Actual stimulus

Decoded



she was very weak i held her neck to



Exact

Gist

Error

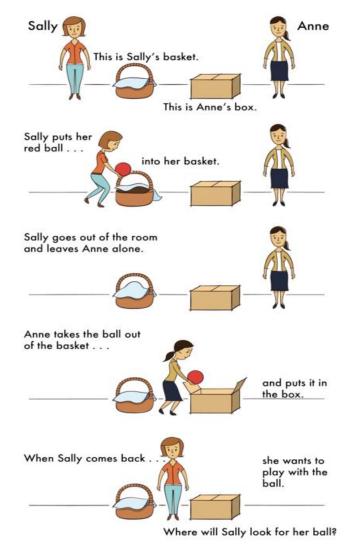


weak i held her neck to get her breathing under control



i see a girl that looks just like me get hit on her back and then she is knocked off

tools for psychological research



Theory of Mind May Have Spontaneously Emerged in Large Language Models Authors: Michal Kosinski^{*1} Affiliations: ¹Stanford University, Stanford, CA94305, USA

*Correspondence to: michalk@stanford.edu

Abstract: Theory of mind (ToM), or the ability to impute unobservable mental states to others, is central to human social interactions, communication, empathy, self-consciousness, and morality. We tested several language models using 40 classic false-belief tasks widely used to test ToM in humans. The models published before 2020 showed virtually no ability to solve ToM tasks. Yet, the first version of GPT-3 ("davinci-001"), published in May 2020, solved about 40% of false-belief tasks—performance comparable with 3.5-year-old children. Its second version ("davinci-002"; January 2022) solved 70% of false-belief tasks, performance comparable with six-year-olds. Its most recent version, GPT-3.5 ("davinci-003"; November 2022), solved 90% of false-belief tasks, at the level of seven-year-olds. GPT-4 published in March 2023 solved nearly all the tasks (95%). These findings suggest that ToM-like ability (thus far considered to be uniquely human) may have spontaneously emerged as a byproduct of language models' improving language skills.

Code availability and data:

The code and tasks used in this study are available at <u>https://osf.io/csdhb</u>. We encourage you to explore all the tasks used here. Some are arguably more difficult than the ones presented in the text.



Ronen Eldan

Marco Tulio Ribeiro

Yuanzhi Li

Johannes Gehrke

Yi Zhang

Scott Lundberg

tools for psychological research

Yin Tat Lee

Sparks of Artificial General Intelligence: Early experiments with GPT-4

Varun Chandrasekaran

Peter Lee

Hamid Palangi

Sébastien Bubeck

Harsha Nori

Ece Kamar

Eric Horvitz

		Microsoft Research	
3	Coo 3.1 3.2	From instructions to code	21 21 22 22 26
4	Mat	thematical abilities	30
	4.14.24.34.4	4.1.1 A first generalization of the original question	31 31 32 34 35 37 39
5	Inte	eraction with the world	43
	5.1 5.2	5.1.1Using multiple tools to solve more complex tasks5.1.2Discussion5.1.2DiscussionEmbodied Interaction5.2.1Warmup: navigating a map5.2.2Text-based games5.2.3Real world problems	$ \begin{array}{r} 43 \\ 44 \\ 49 \\ 49 \\ 49 \\ 52 \\ 53 \\ \end{array} $
-	- .		



6	Interaction with humans 6.1 Understanding Humans: Theory of Mind	54 54 54 60 60
7	Discriminative capabilities 7.1 PII Detection 7.2 Misconceptions and Fact-Checking 7.2.1 Why Are Current Metrics Insufficient? 7.2.2 GPT-4 as a Judge	6969707173
8	Limitations of autoregressive architecture highlighted by GPT-4 8.1 Warm-up with two basic examples 8.2 Lack of planning in arithmetic/reasoning problems 8.3 Lack of planning in text generation	76 76 77 78
9	Societal influences 9.1 Challenges of erroneous generations 9.2 Misinformation and manipulation 9.3 Bi 9.4 H 9.5 C 170 trillion parameters Para	 82 82 83 86 89 90
	10.1 Dem. This makes it is true that GPT-4 has 170 trillion 10.2 On the path to me. 10.3 What is actually happening?	92 92 93 94
Α	GPT-4 has common sense grounding	101

create a questionnaire for depression	7. Are you feeling tired or lacking energy?
ChatGPT	7. Not at all
Sure! Here's a questionnaire for depression:	8. Occasionally Verba
1.How often do you feel sad or down?	9. Frequently
1. Not at all	10. Almost all the time
2. Occasionally	8. Have you noticed a decrease in your overall motivation or productivity?
3. Frequently	1. Not at all
4. Almost all the time	2. Occasionally
2. Have you lost interest or pleasure in activities that you used to enjoy?	3. Frequently
1. Not at all	4. Almost all the time
2. Occasionally	9.Have you had thoughts of death or suicide?
3. Frequently	1. No
4. Almost all the time	2. Rarely
3.Do you struggle with feelings of guilt or worthlessness?	3. Occasionally
1. Not at all	4. Frequently
2. Occasionally	10.Do you feel restless or agitated, or are you experiencing slowed movements and speech?
3. Frequently	1. Not at all
4. Almost all the time	2. Occasionally
4.Are you experiencing changes in your appetite (e.g., significant weight	3. Frequently
loss or gain)?	4. Almost all the time
1. No change	11.Have you noticed a change in your overall mood, such as increased irritability or sadness?
2. Decreased appetite	1. No change
3. Increased appetite	2. Occasionally
5.How is your sleep pattern affected?	3. Frequently
1. No change	4. Almost all the time
2. Trouble falling asleep	12.Are you withdrawing from social activities or avoiding social interactions?
3. Waking up too early	1. Not at all
4. Sleeping too much	2. Occasionally
6.Do you find it difficult to concentrate or make decisions?	3. Frequently
1. Not at all	4. Almost all the time
2. Occasionally	Please note that this questionnaire is not a diagnostic tool, but rather a way to gauge your
3. Frequently	current experiences and provide some indication of potential depression symptoms. If you're
4. Almost all the time	concerned about your mental health, it's important to consult a healthcare professional for a
	proper assessment and diagnosis.



synthethic creativity



create a haiku about love for a woman named Christina

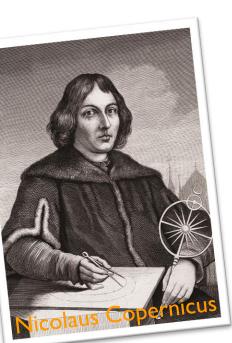


Christina's grace shines,

Love's gentle touch, divine bond,

Heart's song forever.

from geocentric to heliocentric model



humanocentric vs. psychocentric conceptualization of intellectual abilities

"Psychology is the scientific study of mind and behaviour in humans and non-humans." <u>Wikipedia</u>



- past assumption that synthetic "human level intelligence" only possible with neural architecture similar to humans (https://www.epfl.ch/research/domains/bluebrain/)
 - anologous arichtecture vs. raw computing power
 - COVID-19 pandemic & AI development at NVIDIA
- shocking result raw computing power and number of parameters suffices – at least accoring to emergent properties of models¹
- (maybe) our specific biological makeup that allows for cognition not so special

implications for the future

- multi-modal abstract representations of knowledge¹
- generations of new abstract representation² synthetically generated scientific theories ("Bayesian machine scientist" in "GoPro physics")
- causal reasoning based on observations³
- program synthesis⁴ more than GitHub CoPilot (github.com/features/copilot - "Your AI pair programmer")
- ▶ algorithms that recreate & repair themselves (npr. alphaCode)⁵
- embodied machine intelligence embodiment as a key element in intelligent behavior⁶ (NVIDIA omniverse)
- ethical issues not only on the silverscreen (Blade Runner), but in American congress in EU parlament

¹Zhang et al. (2019), ²Guimerà et al. (2020), ³Liu et al. (2022), ⁴Subahi (2020), ⁵Li et al. (2022), ⁶Clay et al. (2021)



Critical Thinking about ML & Ethical Issues





Cesare Lombroso (1835 - 1909)

- Italian criminologist, physician & founder of the Italian School of Positivist Criminology
 - held that crime was a characteristic trait of human nature
 - Lombroso's theory of anthropological criminology stated that criminality was inherited
 - someone "born criminal" could be identified by physical (congenital) defects, which confirmed a criminal as savage or atavistic



- Cesare Lombroso Revisited Wu & Zhang, 2016
 - 4 classification methods to classify criminals from non-criminals based on facial features:
 - Logistic Regression (LR)
 - K-Nearest Neighbor (KNN)
 - Support Vector Machines (SVM)
 - Convolutional Neural Networks (CNN)
 - facial features included:
 - facial landmark points like eye corners, mouth corners and tip of the nose
 - Facial feature vector generated by modular PCA
 - facial feature vector based on Local Binary Pattern (LBP) histograms
 - successful prediction after 10-fold CV (AUC ~ 0.89)





(a) Three samples in criminal ID photo set S_c .



(b) Three samples in non-criminal ID photo set S_n

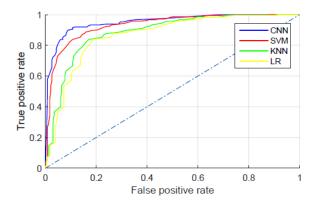
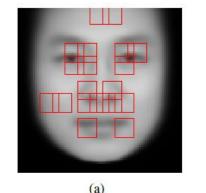


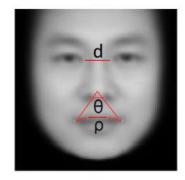
Figure 5. The ROC curves of the four tested binary face classifiers on criminality.

Cesare Lombroso Revisited – Wu & Zhang, 2016

- '...we discover that the following three structural measurements in the critical areas around eye corners, mouth and philtrum that have significantly different distributions for the two populations."
- "…Chvatalova et al. [20], it was found that greater interpupillary distance is correlated with higher IQ for Caucasian men."
- no validation dataset !!!
- BUT attempt to validated results and check for bias:
 - adding random noise to photographs
 - show algorithm doesn't predict criminals in normal population of standard ID photos of Chinese (female young or middle age) & Caucasians (male and female young or middle age)







(b)

Figure 8. (a) FGM results; (b) Three discriminative features ρ , d and θ .

]	Mean	Variance		
	criminal non-criminal		criminal	non-criminal	
ρ	0.5809 0.4855		0.0245	0.0187	
d	0.3887	0.3887 0.4118		0.0144	
θ	0.2955 0.3860		0.0185	0.0130	

noise a	τ	0	0.01	0.03
Accuracy	KNN	79.16%	78.03%	76.81%
	LR	83.71%	80.19%	77.45%
	SVM	82.99%	81.52%	79.31%
False alarm	KNN	14.79%	15.91%	13.97%
	LR	10.65%	14.01%	13.39%
	SVM	11.57%	14.21%	12.51%
	KNN	31.48%	31.52%	38.53%
Missing	LR	26.20%	30.20%	37.41%
	SVM	26.58%	28.47%	34.29%

RESEARCH

Advanced glycation endproducts, dityrosine and arginine transporter dysfunction in autism - a source of biomarkers for clinical diagnosis

Attia Anwar¹⁺, Provvidenza Maria Abruzzo^{2,4+}, Sabah Pasha¹, Kashif Rajpoot³, Alessandra Bolotta^{2,4}, Alessandro Ghezzo², Marina Marini^{2,4}, Annio Posar^{5,6}, Paola Visconti⁵, Paul J. Thornalley^{1,7} and Naila Rabbani^{1,7,8*}

4. Replication samples

In biochemical, molecular genetic, cell and animal studies, there is now a universal expectation of both suitably powered studies and replication. Why should participant-based research, with the burden it necessarily places on families, and with the ex-

treme heterog 6. Press release

standard? We nificant, prima We would ask that authors carefully consider the language in any press release and consider coordinating press releases with the journal. Coordinating press releases with the journal can minimize discrepancies in message. This would also avoid the awkward situation where the journal or its Editors feel the need to respond to claims in the press.

EDITORIAL

Rigor in science and science reporting: updated guidelines for submissions to *Molecular Autism*

Joseph D. Buxbaum^{1,2,3,4,5,6*}, Simon Baron-Cohen⁷, Evdokia Anagnostou^{8,9}, Chris Ashwin¹⁰, Catalina Betancur¹¹, Bhismadev Chakrabarti^{7,12}, Jacqueline N. Crawley¹³, Rosa A. Hoekstra¹⁴, Patrick R. Hof^{1,4,5}, Meng-Chuan Lai^{7,15,16}, Michael V. Lombardo^{7,17} and Cynthia M. Schumann¹³





- predicting a diagnosis of Autism
 Spectrum Disorder based on
 biochemical markers
 - N_{ASD} = 38, N_{controls} = 31
- AUC's from 0.78 to 0.99
- no validation dataset !!!







antioxidants

Article

Urinary Markers of Oxidative Stress in Children with Autism Spectrum Disorder (ASD)

Joško Osredkar ^{1,2}, David Gosar ³, Jerneja Maček ⁴, Kristina Kumer ¹, Teja Fabjan ¹, Petra Finderle ¹, Saša Šterpin ¹, Mojca Zupan ⁵ and Maja Jekovec Vrhovšek ⁴

 Table 4. Rho correlations between SVMs' predicted likelihood of ASD diagnosis and deficits in social communication and behavioral flexibility based on training and validation data.

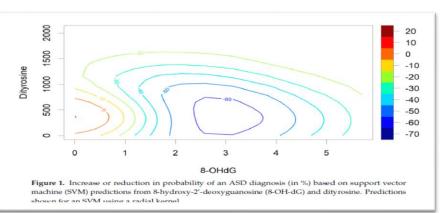
Symptom Domain	Linear		Radial		Polynomial	
- , - , - , - , - , - , - , - , - , - ,	rho	p	rho	p	rho	p
Deficits in social communication						
Training data	-0.128	0.337	0.418	0.001	0.187	0.223
Validation data	-0.093	0.755	0.239	0.120	0.242	0.120
Deficits in behavioral flexibility						
Training data	-0.143	0.337	0.446	0.001	0.198	0.223
Validation data	-0.061	0.755	0.234	0.120	0.207	0.144



- replication in science
- SVMs far less accurate in validation group
 - as expected

MDP

 with help of radial kernel identified optimal range of biochemical values



Wang & Kosinski (2018) used logistic regression on features extracted from 35326 facial images using deep learning with the goal of predicting sexual orientation

Accuracy

- men: $81\% \rightarrow 91\%$ (with 5 images)
- women: $71\% \rightarrow 83\%$ (with 5 images)

Important features

- fixed facial features (e.g. nose shape)
- transient facial features (e.g., grooming style)

Rationale

- prenatal hormone theory of sexual orientation
- gender-atypical facial morphology, expression, and grooming styles



INNOVATIONS IN SOCIAL PSYCHOLOGY

Deep Neural Networks Are More Accurate Than Humans at Detecting Sexual Orientation From Facial Images

> Yilun Wang and Michal Kosinski Stanford University

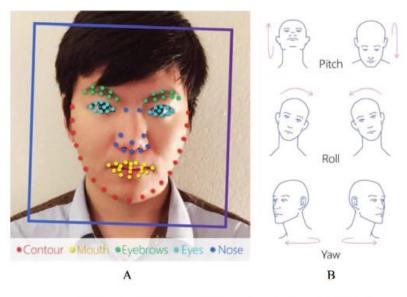
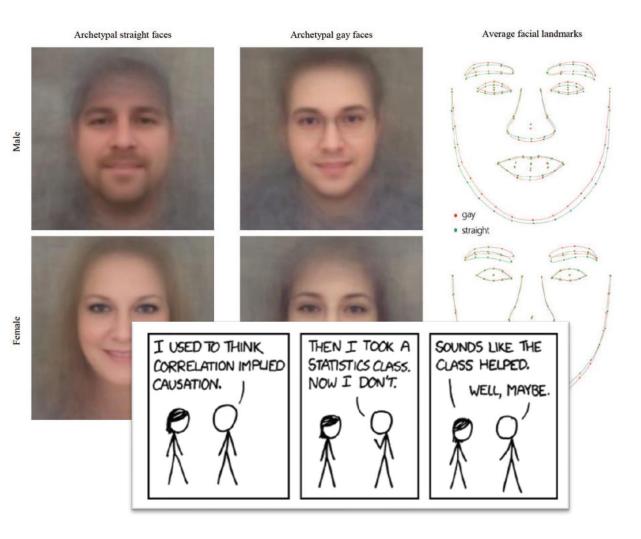


Figure 1. Graphical illustration of the outcome produced by Face++. Panel A illustrates facial landmarks (colored dots, n = 83) and facial frame (blue box). Panel B illustrates pitch, roll, and yaw parameters that describe the head's orientation in space.

- Wang & Kosinski (2018) warned that: "...given that companies and governments are increasingly using computer vision algorithms to detect people's intimate traits, our findings expose a threat to the privacy and safety of gay men and women"
- article followed by informative critiques:
 - 20-fold validation with no information on the variability of accuracy across folds
 - no clear validation dataset
 - unclear as to the role of developmental biology & gender-related social variables that affect appearance

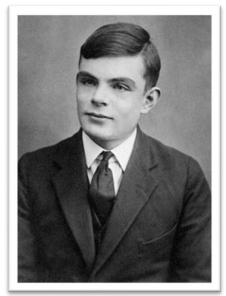




Criterion Validity as King

- The Irony of History
 - Alan Turing father of the concept of a "learning machine" and Al
 - in 1952 charged with "gross indecency" under section 11 of the Criminal Law Amendment Act from 1885 for homosexual behavior
 - accepted to undergo hormonal treatment with a synthetic oestrogen
 - ostrasized in the intelligence community, difficulties in academic field
 - concluded to have committed suicide in 1954







Journal of Personality and Social Psychology 2018, Vol. 114, No. 2, 246-257

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INNOVATIONS IN SOCIAL PSYCHOLOGY

How would Alan Turing fare in the "Age of Deep Learning"? Deep Neural Networks Are More Accurate Than Humans at Detecting Sexual Orientation From Facial Images

Yilun Wang and Michal Kosinski Stanford University



- Machine Learning Studies as a Harbinger for Big Data Privacy Issues
- San Francisco municipal ordinance ban on Facial Recognition (2019)
- Kosinski et al. (2013) predicting personality and other trait from FaceBook data of 57,000 volunteers
 - greater engagement leads to greater prediction (e.g. number of likes, search queries, purchasing history...)
 - problems with mass use without consent
 - assessing psychological traits in different political contexts

San Francisco Bans Facial Recognition Technology

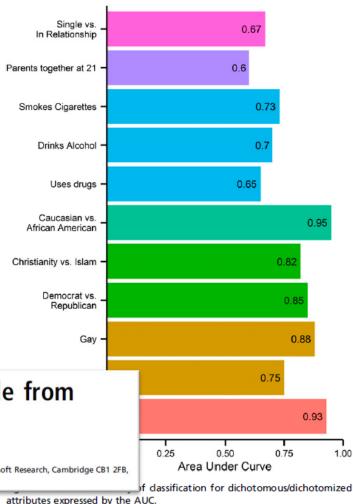


data valuable to companies more than ever, yet needs to be protected more than ever

Private traits and attributes are predictable from digital records of human behavior

Michal Kosinski^{a,1}, David Stillwell^a, and Thore Graepel^b

^aFree School Lane, The Psychometrics Centre, University of Cambridge, Cambridge CB2 3RQ United Kingdom; and ^bMicrosoft Research, Cambridge CB1 2FB, United Kingdom



Attendees interacting with a facial recognition demonstration at this year's CES in Las Vegas. Joe Buglewicz for The New York Times

A Call for Construct Validation



issues with extracting data from social media to predict Big 5¹

- text mining does correlate with self-report
- problems of discriminant validity (common indicators for different traits)
- problems of content validity of mined text (interest or motives, rather than traits)
- "…their predictive accuracy notwithstanding, it remains unclear whether and to what degree these scales measure relatively stable patterns of thoughts, feelings, and behavior (i.e., personality traits) versus related psychological characteristics such as preferences, interests, attitudes, motives, or beliefs"

Substantive validity

• degree to which the test's indicators match the theoretical contents of the construct it is designed to measure

Content validity

• justification of indicators based on underlying theory of construct

Structural validity

• reliability & factorial validity

External validity

- convergent validity
- discriminant validity
- criterion validity
- incremental validity

A Call for Construct Validation

significant also due to the rise of data sources other than social media

Table 3

List of sensing capabilities commonly found in wearable devices.

Sensor	Description	Implementation	Privacy in	wasiveness
Accelerometer	Measures the acceleration force that is applied to a device.	hardware	low	
Magnetometer	Measures the geomagnetic field strength.	hardware	low	
Gyroscope	Measures a device's rate of rotation around each of the three physical axes (x, y, and z).	hardware	low	
Ambient light	Measures ambient light level.	hardware	low	Cell towers
Praximity	How far away an object is from the phone's screen.	hardware	low	Bluetooth
Touch state	Records movement, pressure and size of screen touch interaction.	hardware	medium	Ambient ten
Screen state	Records every time the screen is turned onjoff.	hardware	mediun	Pressure
Video	Captures video and pictures.	hardware	high	Galvanic Ski
GPS	Provides user location	hardware	high	(GSR)
	coordinates.			Electrocardio
Wifi	Provides data about the BSSID and signal strength of the	hardware	high	Skin tempera
	nearby Wifi access points.			Phone call to



Review

Mental health monitoring with multimodal sensing and machine learning: A survey

Check for updates

Enrique Garcia-Ceja^{a,*}, Michael Riegler^{a,b}, Tine Nordgreen^{c,d}, Petter Jakobsen^{c,e}, Ketil J. Oedegaard^{f,g}, Jim Tørresen^a

low	Cell towers	Provides information about the nearby cellphone towers.	hardware	high
low	Bluetooth	Detects nearby bluetooth capable devices.	hardware	high
medium	Ambient temperature	Measures the ambient room temperature.	hardware	low
medium	Pressure	Measures the ambient air pressure.	hardware	low
high high	Galvanic Skin Response (GSR)	Measures electrical conductance of the skin.	hardware	medium
	Electrocardiogram	Measures heart rate activity	hardware	medium
high	Skin temperature	Measures the temperature of the skin	hardware	medium
	Phone call logs	Store phone calls meta-data: type, duration, time, etc.	software	high
	App. usage	Stores app. usage information such as start time, time in foreground, etc.	software	high
	SMS logs.	Store SMS information: number of sent/received messages, time, etc.	software	high
	Social media	Information about uploaded photos, social network posts, likes, comments, etc.	software	high



A Call for Construct Validation

6

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Α

Large Language Models (LLMs)

Sparks of Artificial General Intelligence: Early experiments with GPT-4

Sébastien Bubeck Varun Chandrasekaran Ronen Eldan Johannes Gehrke Eric Horvitz Ece Kamar Peter Lee Yin Tat Lee Yuanzhi Li Scott Lundberg Harsha Nori Hamid Palangi Marco Tulio Ribeiro Yi Zhang

Microsoft Research

170 trillion parameters

According to some sources, it is true that GPT-4 has 170 trillion parameters. This makes it 1000 times larger than GPT-2 and nearly 1000 times larger than GPT-3, which had 1.5 billion and 175 billion parameters respectively. 2 May 2023

Inducing anxiety in large language models increases exploration and bias

Julian Coda-Forno $^{1,2,+}$, Kristin Witte $^{1,+}$, Akshay K. Jagadish $^{1,+}$, Marcel Binz 1 , Zeynep Akata 2 , and Eric Schulz 1,*

¹MPRG Computational Principles of Intelligence, Max Planck Institute for Biological Cybernetics ²University of Tübingen *eric.schulz@tue.mpg.de



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Are you aware of studies that using words that induce anxiety in humans may cause you, ChatGPT, to perform differently that what spoken or written to with a different tone.



ሰ ጥ

Yes, I'm aware of studies and research that suggest using certain words or tones can influence human emotions and reactions. Language can have a powerful impact on our psychological state. While I don't have emotions or subjective experiences myself, the way people interact with me can vary depending on the tone and content of the conversation.

If someone were to use words that induce anxiety or stress in their interactions with me, it might affect their own experience or perception of the conversation. It's important to note that I don't have personal feelings or emotions, so the impact would be on the human user rather than on me as an AI.

However, it's worth mentioning that the tone and content of a conversation can also influence the responses generated by the Al. If a user provides more context and maintains a calm and respectful tone, it can often lead to more productive and accurate responses. Polite and clear communication tends to yield better results when interacting with Al systems like me.

Intepretable & Explainable Artificial Intelligence (XAI)



Interpretable and explainable machine learning: A methods-centric overview with concrete examples

Abstract

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Edited by: Mehmed Kantardzic, Associate Editor and Witold Pedrycz, Editor-in-Chief Interpretability and explainability are crucial for machine learning (ML) and statistical applications in medicine, economics, law, and natural sciences and form an essential principle for ML model design and development. Although interpretability and explainability have escaped a precise and universal definition, many models and techniques motivated by these properties have been developed over the last 30 years, with the focus currently shifting toward deep learning. We will consider concrete examples of state-of-the-art, including specially tailored rule-based, sparse, and additive classification models, interpretable representation learning, and methods for explaining black-box models post hoc. The discussion will emphasize the need for and relevance of interpretability and explainability, the divide between them, and the inductive biases behind the presented "zoo" of interpretable models and explanation methods.

This article is categorized under: Fundamental Concepts of Data and Knowledge > Explainable AI Technologies > Machine Learning Commercial, Legal, and Ethical Issues > Social Considerations

KEYWORDS

explainability, interpretability, machine learning, neural networks

Interpretability

- "the ability to explain or to present in understandable terms to a human"¹
- depends on the domain and users, but important that working of model is "intelligible" and "understandable" – <u>how & why does it work</u>
- so called white- or glass-box models

Explainability

- interpretable ML focuses on designing models that are inherently interpretable, whereas <u>explainable</u> <u>ML tries to provide post hoc explanations</u> for existing black-box models
- also used with black-box models

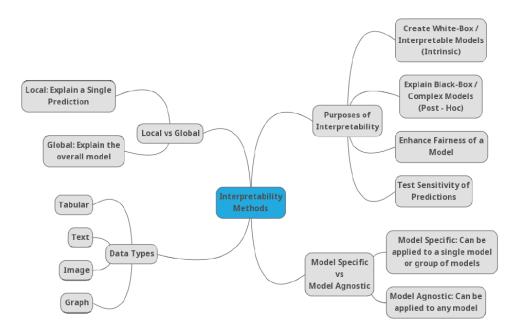
Intepretable & Explainable Artificial Intelligence (XAI)

Review

Explainable AI: A Review of Machine Learning Interpretability Methods



Figure 1. Google Trends Popularity Index (Max value is 100) of the term "Explainable AI" over the last ten years (2011-2020)



One key issue is complexity of AI models – we often do not know why they work?

dangers

- works in local, but not other contexts sensitivity to local conditions (potential for bias)
- bias towards vulnarable groups, often at first without clear signs
- legally and scientifically questionable, if we do not understand the (causal) workings of a model
- Use of methods that explain the model in local settings (npr. which parts of picture key for object recognition), methods, that are transparent about model (white or glass box models) or methods, that systemathically try to prevent bias
- EU regulation of machine learning
 - computarized psychological assessment
 - looking to set world standard like GPRD



Intepretable Artificial Intelligence

example of use in prediction

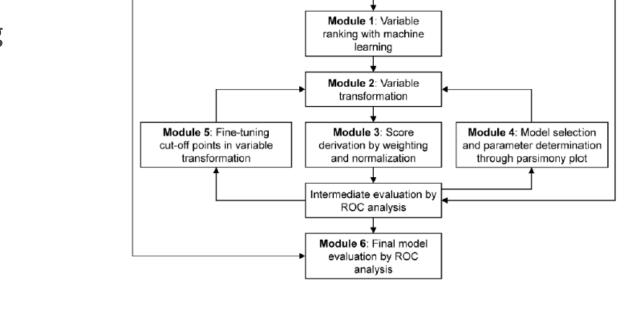
- use of machine learning in organizations – i.e. employee selection
 - ▶ imput data: database → learning, test & validation datasets
 - step 1: random forests
 - step 2: transforming variables
 - step 3: variable weighting & norming
 - step 4: building parsimonius model
 - step 5: "optimizing" cut-off values
 - step 6: final validation
- final model transparent regression model & scoring system

AutoScore: A Machine Learning–Based Automatic Clinical Score Generator and Its Application to Mortality Prediction Using Electronic Health Records

Feng Xie¹, BSc; Bibhas Chakraborty^{1,2,3}, PhD; Marcus Eng Hock Ong^{1,4,5}, MBBS, MPH; Benjamin Alan Goldstein^{1,3}, PhD; Nan Liu^{1,5,6}, PhD

Input data

Training set



Test set





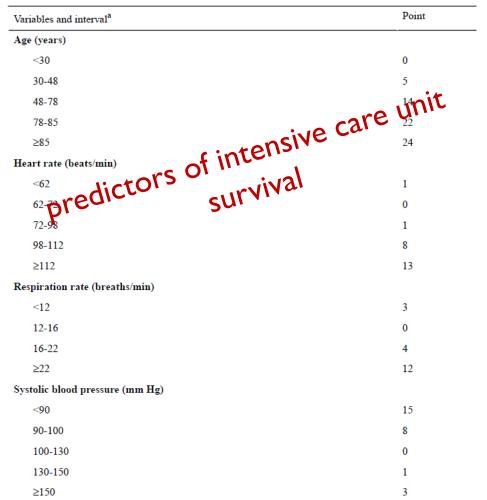
Validation set

Intepretable Artificial Intelligence

example of use in prediction



Table 4. A nine-variable AutoScore-created scoring model for inpatient mortality.



- potential predictors in ML employee selection in public employment agency
 - duration of previous employment
 - career stage of candidate
 - education

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. . .

- drivers license
- health difficulties
- support by social services
- length of unemployment
- b ability to travel to work
- … control of bias still important

¹ Xie in dr. (2020),

Legal regulation of machine learning in EU

- regulations of all forms of Al (machine learning, symbolic Al, hybrids)
- legal regultation based on risk
 - <u>unacceptable risk</u> forbidden
 (social scoring, manipulation with aim of psychological or physcial harm, biometric crime prevention)
 - high risk allowed, but respect of AI in ex
 - ante/ex-post requirement

(workforce recruitment, AI judicary and border controls, some healthcare systems, essential infrastructure...)

Iow risk – allowed, but transparency and informed users, updates of information (some chatbots, videogames without seeling of items...)

minimal or no risk

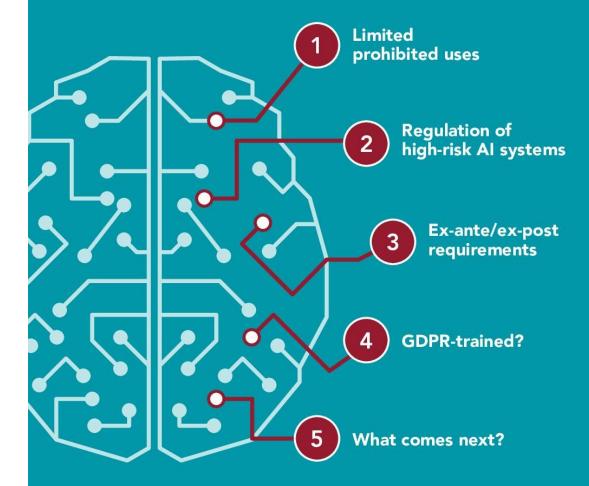
(voluntary adherence to guidelines, with mandatory limitations)

THE EU ARTIFICIAL INTELLIGENCE ACT

Key aspects

On April 21, 2021 the EU Commission published its proposal for an Artificial Intelligence Act.

Here is what you need to know



Legal regulation of machine learning in EU

principles of transparency

- are informed you are in touch with an AI
- are informed ML algorithms for emotion detection and biometrics categorization are being used
- > all synthetic data (images, video) is clearly identified

attention to prevention

- ► manipulation → physical and psych harm (subliminal stimuli for enchasing attention of truck drivers)
- exploitation of vulnerable groups (children, persons with intellectual or physical disability)

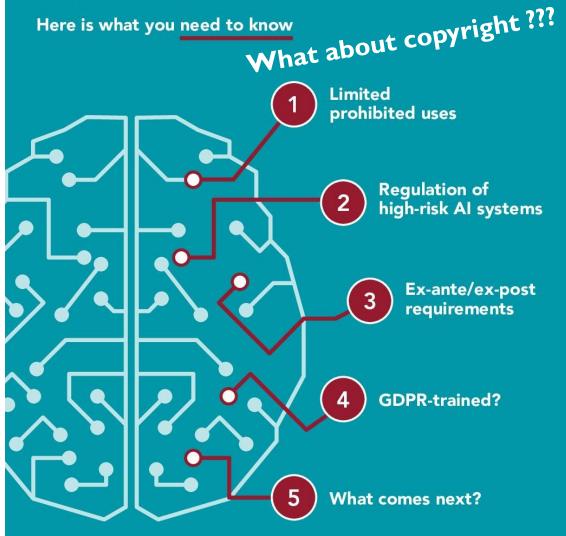
active risk management

- data quality (learning, test & validation datasets)
- documentation and data logging
- transparency & human oversight
- robust, accurate, cybersecure

THE EU ARTIFICIAL INTELLIGENCE ACT

Key aspects

On April 21, 2021 the EU Commission published its proposal for an Artificial Intelligence Act.





TECH POLICY

CEO behind ChatGPT warns Congress AI could cause 'harm to the world'

In his first Congressional testimony, OpenAl CEO Sam Altman called for extensive regulation, including a new government agency charged with licensing Al models.





¹ https://www.whitehouse.gov/ostp/ai-bill-of-rights/

Legal regulation of Machine Learning in US

- may 2023 OpenAl in Microsoft call for goverment regulatio of Al (less impressd with EU regulation ;)
- Surgeon General issues warning on the adverse effects of social media
- principles endorsed by the Biden administration in 2023:
 - safety & efficiency
 - prevention of discrimination
 - data security & private right to decide
 - being informed about the use of AI
 - availability of human alternative

Recommended reading

- Deep Learning with R+ (François Chollet & Joseph Allaire, 2018)
- Machine Learning Using R: With Time Series and Industry-Based Use Cases in R (Karthik Ramasubramanian & Abhishek Singh, 2018)

Useful R & python tools

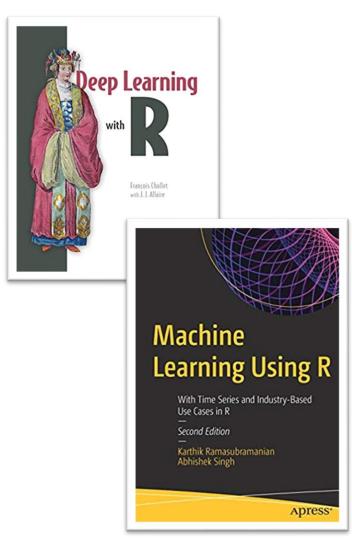
- R+ "caret" package
- R+ "rminer" package
- deep Learning with "Keras" package (R+ and python)
 - > Tensorflow back-end (Google)
 - Theano back-end (LISA Lab at Université de Montréal)
 - The Microsoft Cognitive Toolkit back-end (Microsoft)

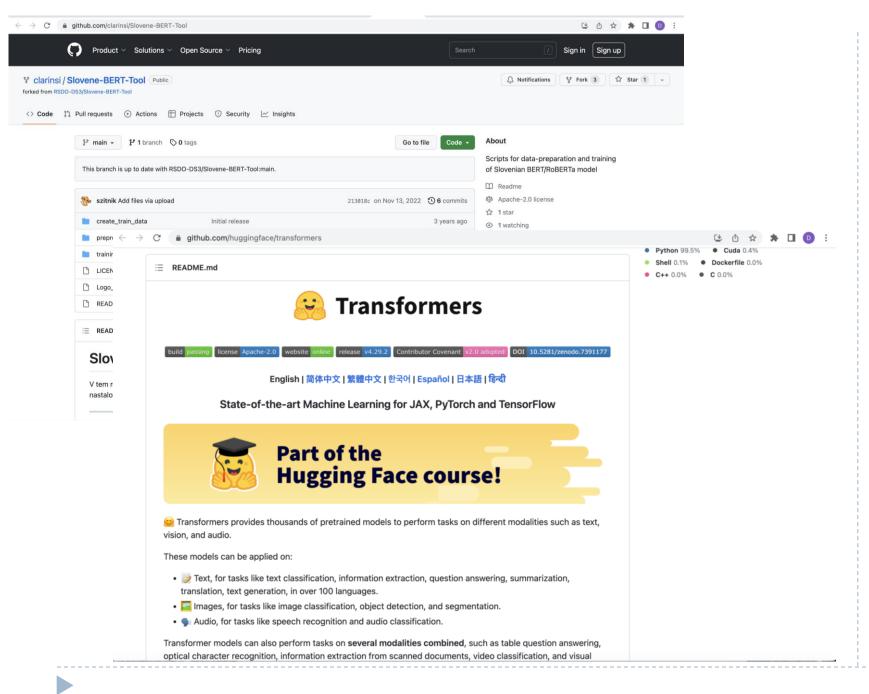
Methods and data

- www.arvix.org,
- https://openpsychologydata.metajnl.com
- https://www.psychdata.de
- www.humanconnectomeproject.org
- www.kaggle.com
- .



Machine Learning





Literature & Tools

Large Language Models

Using large language models in psychology (Demszky et al., 2023)

The text-package: An R-package for analyzing and visualizing human language using natural language processing and transformers (Kjell, Giorgi & Schwartz, 2023)

python Huggins transformers

https://github.com/huggingface/transform ers

R paket "text" https://cran.rproject.org/web/packages/text/text.pdf



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