

# The practical example of a „networking“ project

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# Goals, Structure, Time frame

## Goals

- to support interested Eastern European countries with focused know how transfer in psychotraumatology, disaster and crisis psychology and special interventions and areas
- to offer experience in building up sensitive and practical structures based on the national needs and backgrounds
- to enable and support these experts continue with new colleagues within the country themselves, act as disseminators

## planned profile of the colleagues

2 participants from each country , psychologists, should have a mandate or at least be recommended from their national psychological associations (already expert in the field or), strong interest in the field and / or colleagues who are involved in work with affected people , position where spreading of knowledge and skills is possible , English speaking , no “pure personal interest” or personal financial interest to be trained but the readiness to function as disseminators

# Goals, Structure, Time frame

## Participants:

**The whole project:** Petra Zemanova , Miroslava Zimanyiova , Desislava Georgieva, Nida Zemaitiene , Evelina Muze, Bernardica Franjic-Nadj , Oksana Nakonechna , Zoran Simic , Elena Pentcheva,

**Parts:** Irina Eliseeva, Anna Sarmite Lucava, Petra Vagyi, Viktor Kudriavtsev, Monika Ginzeriova

## Time and financial frame

- September 2010 to May 2012, 4 days, 2,5 days, 2,5 days, 2,5 days – Vienna, additional support via mail / telephone where needed
- fees for lecturers paid by CoE, project management (minimum) paid by CoE, food, copies, room costs paid by CoE, 2011, 2012 200 Euros per workshop / participant for accommodation/travel expenses

## Contents

- contents: basic training in disaster and crisis psychology and psychotraumatology, acute trauma - early intervention, then specialties, case studies, strategic planning for dissemination in own countries
- in addition: support (mentoring, consulting) concerning strategies to set up standards and concepts (as the members of the SC did by exchanging with each other)
- (NO training in traumatherapy, treatment of complex trauma)

## Lecturers

- members of the EFPA Standing Committee on Disaster and Crisis Psychology with broad experience either in similar trainings in other countries, in building up structures (organizational psychology knowledge combined with disaster and crisis psychology or in special fields of disaster and crisis psychology)

Prague, March, 21st, 2014



| Munker-Kramer, Austria / Jana Malikova, Czech Republic

# **The CoE EUR-OPA funded project:**

## ***Guided Training of Psychologists in Disaster, Crisis and Trauma Psychology in Eastern European Countries***

- **2010-2012, 11 participants from 7 Eastern European countries, 5 workshops, 14 days**
- **based on lessons learned and experiences exchanged in the SC of EFPA**
- **spreading knowledge, skills, methods to do the concrete interventions, to organize and conduct trainings and to build up structures in these countries (see handout)**
- **extended the existing EFPA network on crisis and disaster psychology, pattern can be used for similar networking and competence building activities**

# Expected results and „what has happened“?

**Expected result:** We have skilled and trained colleagues within the countries to spread the knowledge based on national needs, structures and cultural specialties and we can address concrete persons if needed for border-crossing necessities and networking in disaster and crisis psychology.

## **What has happened since then....**

- Initiatives in all the countries that took part, building up of structures
- SC meeting in Vilnius (2012), Workshop, symposium
- SC meeting in Bratislava (2013), symposium
- SC meeting in Prague (2014), symposium
- Project Vilnius – Barcelona, Conference Barcelona, 2013
- Workshop Paris 2013 with the idea to integrate D&C psychology into the question of Integration of the needs of disabled persons into disaster response
- Concrete Counselling from time to time if when needed (e.g. Ukraine, aftercare after shootings Kiev)
- Attempt to apply for an EU project, plan to reapply for a CoE project

# Our lessons learned

- great and enhancing team work throughout Europe
- Positive (other experiences, cases, realities...) and negative (different backgrounds with implications, partly presented systems not transferable....)
- financial necessities even for small steps became obvious, different situations
- needs of governmental support became obvious, also different starting points
- nevertheless transfer possible from “old” to “new” countries
- necessity to have at least two participants from one country!!
- the “plant starts to grow” – continuation would make much sense

Compliments !!

enormous effort (money, energy, knowledge, ...) from/for all participants

**from left to right  
standing:**

- Wawa Bazcynskyj
- Petra Zemanova
- Miroslava  
Zimanyiova
- Desislava  
Georgieva
- Nida Zemaitiene
- Evelina Muze
- Bernardica Franjic-  
Nadj
- Oksana  
Nakonechna
- Zoran Simic
- Elena Pentcheva

**Sitting – project  
coordinators:**

- Jana Malikova
- Eva Münker-  
Kramer



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# Closing the project...



Prague, March, 21st, 2014



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***Thank you for the invitation and  
your attention!***

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