



The  
British  
Psychological  
Society

Professional Practice Board

# Database of disaster resources

*Disasters, Crisis and Trauma Working Party*

*March 2008*

# Introduction

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This database was compiled by the British Psychological Society's Working Party on Disaster, Crisis and Trauma with the aim of helping members gain access to relevant resources in their work with those psychologically affected by disasters and other major incidents.

The database includes areas of knowledge relevant to the epidemiology and assessment of psychological reactions to disasters, as well as their ethical, cultural, legal, and research aspects. It also includes material on planning and intervention before, during, and after major incidents.

The database is deliberately selective with the aim of directing members to those resources that in the opinion of the Working Party are likely to be among those that are up to date and as far as possible evidence-based. The resources represent a starting point for those involved in disaster responding and we hope provide a useful introduction to the many facets of this work.

# General

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## PTSD and trauma texts

- Brewin, C.R. (2003). *Posttraumatic stress disorder: Malady or myth?* New Haven: Yale University Press.
- Deahl, M. (Ed.) (2006). Trauma and stress-related disorders. *Psychiatry*, 5 (special issue, no. 7).
- Friedman, M.J., Resick, P.A., & Keane, T.M. (Eds.) (2007). *Handbook of PTSD: Science and practice*. New York: Guilford.
- Resick, P.A. (2001). *Stress and trauma*. Hove: Psychology Press.
- Rosen, G.M. (2004) *Posttraumatic Stress Disorder: Issues and Controversies*. Chichester: John Wiley and Sons Ltd.
- Vermetten, E., Dorahy, M.J., & Spiegel, D. (2007). *Traumatic dissociation: Neurobiology and treatment*. Washington, D.C.: American Psychiatric Publishing Inc.

## Disaster mental health

- Bhugra, D. (Ed.) (2006) Tsunami. *International Review of Psychiatry*, 18 (special issue, no. 3).
- Halpern, J., & Tramontin, M. (2007). *Disaster mental health: Theory and practice*. Belmont, CA: Thomson.
- Lopez-Ibor, J.J. et al. (Eds.) (2005). *Disasters and mental health*. Chichester: Wiley.
- Marshall, R.D. et al. (2007). The psychology of ongoing threat – Relative risk appraisal, the September 11 attacks, and terrorism-related fears. *American Psychologist*, 62, 304–316.
- Mollica, R.F. et al. (2004). Mental health in complex emergencies. *Lancet*, 364, 2058-2067.
- Norris, F.H. et al. (2002). 60,000 disaster victims speak: Part I. An empirical review of the empirical literature, 1981–2001. *Psychiatry – Interpersonal and Biological Processes*, 65, 207-239.
- Norris, F.H. et al. (2002). 60,000 disaster victims speak: Part II. Summary and implications of the disaster mental health research. *Psychiatry – Interpersonal and Biological Processes*, 65, 240-260.

## Assessment of PTSD

International Society of Traumatic Stress Studies resources:

<http://www.istss.org/resources/browse.cfm>

National Center for PTSD resources:

<http://www.ncptsd.va.gov/ncmain/assessment/>

- Ohan, J.L. et al. (2002). Ten-year review of rating scales. IV: Scales assessing trauma and its effects. *Journal of the American Academy of Child and Adolescent Psychiatry*, 41, 1401–1422.
- Turner, S. & Lee, D. (1998). *Measures in Post-Traumatic Stress Disorder: A Practitioner's Guide*. Berkshire: NFER-Nelson.
- Wilson, J.P. & Keane, T.M. (Eds.) (2004). *Assessing psychological trauma and PTSD* (2nd edn.). New York: Guilford.

## **Epidemiology of PTSD**

- Galea, S., Nandi, A., & Vlahov, D. (2005). The epidemiology of post-traumatic stress disorder after disasters. *Epidemiologic Reviews*, 27, 78–91.
- Kessler, R. C. et al. (1995). Posttraumatic stress disorder in the National Comorbidity Survey. *Archives of General Psychiatry*, 52, 1048–1060.
- Whalley, M.G. & Brewin, C.R. (2007). Mental health following terrorist attacks. *British Journal of Psychiatry*, 190, 94–96.

## **Effects on children and families**

- Fairbank, J.A., Putnam, F.W. & Harris, W.W. (2007). The prevalence and impact of child traumatic stress. In M.J.Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 229–251). New York: Guilford.
- Hoven, C. et al. (2005). Psychopathology among New York City public school children 6 months after September 11. *Archives of General Psychiatry*, 62, 545–551.
- Pfefferbaum, B. et al. (2004). Psychological impact of terrorism on children and families in the United States. *Journal of Aggression, Maltreatment and Trauma*, 9, 305–317.
- Plan UK (2002). *Children in disasters: After the cameras have gone*. [http://www.plan-lanka.lk/pdf/after\\_the\\_cameras.pdf](http://www.plan-lanka.lk/pdf/after_the_cameras.pdf)
- Thienkrua, W. et al. (2006). Symptoms of posttraumatic stress disorder and depression among children in tsunami-affected areas in southern Thailand. *Journal of the American Medical Association*, 296, 549–559.
- Vijayakumar, L. et al. (2006). Mental health status in children exposed to tsunami. *International Review of Psychiatry*, 18, 507–513.
- Vizek-Vidovic, V. et al. (2000). Posttraumatic symptomatology in children exposed to war. *Scandinavian Journal of Psychology*, 41, 297–306.
- Williams, R. (2006). The psychosocial consequences for children and young people who are exposed to terrorism, war, conflict and natural disasters. *Current Opinion in Psychiatry*, 19, 337–349.

## Gender

Kimerling, R., Ouimette, P. & Weitlauf, J.C. (2007). Gender issues in PTSD. In M.J.Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 207–228). New York: Guilford.

Oxfam Briefing Note (2005). *The tsunami's impact on women*.

[http://www.oxfam.org.uk/what\\_we\\_do/issues/conflict\\_disasters/downloads/bn\\_tsunami\\_women.pdf](http://www.oxfam.org.uk/what_we_do/issues/conflict_disasters/downloads/bn_tsunami_women.pdf)

Pan American Health Organization. *Gender and natural disasters* (Factsheet).

<http://www.paho.org/English/AD/GE/genderdisasters.PDF>

## Culture

Bhugra, D. & Osborne, T. (2006). Cultural assessment and management.

*Psychiatry*, 5, 379–382.

Bolton, P. & Tang, A.M. (2004). Using ethnographic methods in the selection of post-disaster, mental health interventions. *Prehospital and Disaster Medicine*, 19, 97–101.

Dyregrov, A. et al. (2002). Is the culture always right? *Traumatology*, 8, 135–145.

Gilbert, J. (2005). International responses to the psychological aftermath of the Tsunami disaster: A plea for thoughtfulness and care. *Counselling and Psychotherapy Journal*, 16, 5–6.

Hobfoll S.E. (2001). The influence of culture, community, and the nested-self in the stress process: Advancing Conservation of Resources Theory. *Applied Psychology: An International Review*, 50, 337–421.

McFarlane, A.C. (2000). Ethnocultural issues. In D. Nutt, J.R.T. Davidson & J. Zohar (Eds.) *Post-traumatic Stress Disorder: Diagnosis, management and treatment*. London: Martin Dunitz.

Mehta, K., Vankar, G. & Patel, V. (2005). Validity of the construct of post-traumatic stress disorder in a low-income country. *British Journal of Psychiatry*, 187, 585–586.

Norris, F.H. & Alegria M. (2005). Mental health care for ethnic minority individuals and communities in the aftermath of disasters and mass violence. *CNS Spectrums*, 10, 132–140.

Osterman, J.E & de Jong, J.T.V.M. (2007). Cultural issues and trauma. In M.J.Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 425–446). New York: Guilford.

Patel, V. (2003). *Where there is no psychiatrist*. London: Gaskell.

Whaley, A.L. & Davis, K.E. (2007). Cultural competence and evidence-based practice in mental health services: a complementary perspective. *American Psychologist*, 62, 563–574.

## Research methods

- Dominici, F., Levy, J.I. & Louis, T. A. (2005). Methodological challenges and contributions in disaster epidemiology. *Epidemiologic Reviews*, 27, 9–12.
- Klein, S. & Alexander, D.A. (2007). Post-disaster research issues. In U. Niaz (Ed.) *Pakistan 2005: The Day the mountains moved*. Karachi: Sama Editorial and Publishing Services.
- Norris, F.H. et al. (2006). *Methods for disaster mental health research*. New York: Guilford.
- Save the Children Federation (2004). *Children in crisis: Good practices in evaluating psychosocial programming*. [http://siteresources.worldbank.org/INTMH/Resources/Evaluating\\_Psychosocial\\_Programming.pdf](http://siteresources.worldbank.org/INTMH/Resources/Evaluating_Psychosocial_Programming.pdf)
- Schlenger, W.E., & Silver, R.C. (2006). Web-based methods in terrorism and disaster research. *Journal of Traumatic Stress*, 19, 185–193.

## Ethical issues

- Collogan, L.K. et al. (2004). Ethical issues pertaining to research in the aftermath of disaster. *Journal of Traumatic Stress*, 17, 363–372.
- Galea, S. et al. (2005). Participant reactions to survey research in the general population after terrorist attacks. *Journal of Traumatic Stress*, 18, 461–465.
- Levine, C. (2004). The concept of vulnerability in disaster research. *Journal of Traumatic Stress*, 17, 395–402.
- Newman, E., & Kaloupek, D.G. (2004). The risks and benefits of participating in trauma-focused research studies. *Journal of Traumatic Stress*, 17, 383–394.
- Rosenstein, D.L. (2004). Decision-making capacity and disaster research. *Journal of Traumatic Stress*, 17, 373–381.

## Legal issues

- Dorries, C. (1999). *Coroners Courts: A guide to law and practice*. Chichester: John Wiley & Sons.
- Eastman, N. (1997). Psychiatric assessment of stress disorders for legal purposes. In D. Black, M. Newman, J. Harris-Hendricks & G. Mezey (Eds.) *Psychological trauma: A developmental approach*. London: Gaskell.
- Law Commission (1995). *Liability for psychiatric illness*. London: HMSO.
- O'Brien, L.S. (1998). Medicolegal aspects of post-traumatic illness. In L.S. O'Brien (Ed.) *Traumatic events and mental health*. Cambridge: Cambridge University Press.
- Rosen, G.M. (2004). Malingering and PTSD Data Base. In G.M. Rosen (Ed.) *Post-traumatic stress disorder: Issues and controversies*. Chichester: John Wiley & Sons.

# Pre-disaster/Planning

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## Risk analysis and crisis planning

- Blythe, B.T. (2002). *Blindsided: A manager's guide to catastrophic incidents in the workplace*. New York: Portfolio.
- Boin, A. & McConnell, A. (2007). Preparing for critical infrastructure breakdowns: the limits of crisis management and the need for resilience. *Journal of Contingencies and Crisis Management*, 15, 50–59.
- Lemyre, L. et al. (2005). A psychosocial risk assessment and management framework to enhance response to CBRN terrorism threats and attacks. *Biosecurity and Bioterrorism – Biodefense Strategy Practice and Science*, 3, 316–330.
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- Paton, D. et al. (Eds.) (2004). *Managing traumatic stress risk: A proactive approach*. Springfield, Ill.: Charles C. Thomas.
- Reid, J.L. (2000). *Crisis management planning and media relations*. New York: Wiley.

## Preparation for major incidents

- Alexander, D.A. & Klein, S. (2003). Biochemical terrorism: too awful to contemplate, too serious to ignore. *British Journal of Psychiatry*, 183, 491–497.
- Alexander, D.A. & Klein, S. (2006). The challenge of preparation for a chemical, biological, radiological, or nuclear terrorist attack. *Journal of Postgraduate Medicine*, 52, 126–131.
- Compton, M.T. et al. (2005). Incorporating community mental health into local bioterrorism response planning: Experiences from the DeKalb County Board of Health. *Community Mental Health Journal*, 41, 647–663.
- Green, B.L. et al. (Eds.) (2003). *Trauma interventions in war and peace: Prevention, practice and policy*. New York: Kluwer.
- Institute of Medicine of the National Academies (2003). *Preparing for the psychological consequences of terrorism: A public health strategy*. Washington, D.C.: National Academies Press.
- Markenson, D. & Redlener, I. (2004). Pediatric terrorism preparedness national guidelines and recommendations: Findings of an evidenced-based consensus process. *Biosecurity and Bioterrorism – Biodefense Strategy Practice and Science*, 2, 301–319.
- The Sphere Project (2000). *Humanitarian charter and minimum standards in disaster response*. Oxford: Oxfam Publishing.

Yule, W. (2006). Theory, training and timing: Psychosocial interventions in complex emergencies. *International Review of Psychiatry*, 18, 259–264.

### **Training and transfer**

Borodzicz, E.P. (2000). The terminology of dangerous events: Implications for key decision maker training. *International Journal of Police Science and Management*, 2, 348–359.

### **Civil Emergency Procedures**

<http://www.ukresilience.info/preparedness/emergencyplanning.aspx>

<http://www.dh.gov.uk/en/Policyandguidance/Emergencyplanning/index.htm>

<http://www.ccohs.ca/oshanswers/hsprograms/planning.html>

<http://www.teachernet.gov.uk/emergencies/> (Guidance for schools)

### **Managing Crowds**

Health and Safety Executive (2000). *Managing crowds safely*. London: HMSO.

### **Risk Factors for Developing PTSD**

Brewin, C.R., Andrews, B. & Valentine, J.D. (2000). Meta-analysis of risk factors for posttraumatic stress disorder in trauma-exposed adults. *Journal of Consulting and Clinical Psychology*, 68, 748–766.

Lonigan, C.J. et al. (1994). Children exposed to disaster. 11: Risk factors for the development of post-traumatic symptomatology. *Journal of American Academy of Child and Adolescent Psychiatry*, 33, 94–105.

Ozer, E.J., Best, S.R., Lipsey, T.L. & Weiss, D.S. (2003). Predictors of posttraumatic stress disorder and symptoms in adults: a meta-analysis. *Psychological Bulletin*, 129, 52–73.

Vogt, D.S., King, D.W. & King, L.A. (2007). Risk pathways for PTSD: Making sense of the literature. In M.J. Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 99-115). New York: Guilford.

Wickrama, K.A.S. & Kaspar, V. (2007). Family context of mental health risk in tsunami-exposed adolescents: Findings from a pilot study in Sri Lanka. *Social Science and Medicine*, 64, 713–723.



# During disaster/Immediate responses

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## Psychological first aid

- Disaster Action (2006) *Working with disaster survivors and the bereaved: Code of practice on privacy, anonymity and confidentiality*.  
[www.disasteraction.org.uk/guidance/da\\_guide10.pdf](http://www.disasteraction.org.uk/guidance/da_guide10.pdf)
- Dyregrov, K. (2004). Strategies of professional assistance after traumatic deaths: Empowerment or disempowerment? *Scandinavian Journal of Psychology*, 45, 181–189.
- Hobfoll, S.E. et al. (2007). Five essential elements of immediate and mid-term mass trauma intervention: Empirical evidence. *Psychiatry: Interpersonal and Biological Processes*, 70, 283–315.
- National Child Traumatic Stress Network and National Center for PTSD (2006). *Psychological first aid: Field operations guide* (2nd edn.).  
[http://www.ncptsd.va.gov/ncmain/ncdocs/manuals/smallerPFA\\_2ndEditionwithappendices.pdf](http://www.ncptsd.va.gov/ncmain/ncdocs/manuals/smallerPFA_2ndEditionwithappendices.pdf)
- WHO (2006). *WHO IASC guidelines on mental health and psychosocial support in emergency settings*. [http://www.who.int/hac/network/interagency/news/iasc\\_guidelines\\_mental\\_health\\_psychosocial\\_text.pdf](http://www.who.int/hac/network/interagency/news/iasc_guidelines_mental_health_psychosocial_text.pdf)

## Debriefing

- Mitchell, J.T. (1988). The history, status, and future of critical incident stress debriefing. *Journal of Emergency Medical Services*, 13, 49–52.
- Ormerod J. (2002). Current research into the effectiveness of debriefing. In *Psychological Debriefing* (pp. 8-17). Leicester: British Psychological Society.
- Pennebaker, J.W. (2001) Dealing with a traumatic experience immediately after it occurs. *Advances in Body-Mind Medicine*, 17 (special issue, no. 3).
- Raphael, B. & Wilson, J. (2000) *Psychological debriefing. Theory, practice and evidence*. Cambridge: Cambridge University Press.
- Rose, S., Bisson, J., Churchill, R. & Wessely, S. (2005). Psychological debriefing for preventing post- traumatic stress disorder (PTSD). In *The Cochrane Database of Systematic Reviews*, Issue 3. Chichester: John Wiley & Sons.
- van Emmerik, A.A.P., Kamphuis, J.H., Hulsbosch, A.M. & Emmelkamp, P.M.G. (2002). Single session debriefing after psychological trauma: a meta-analysis. *Lancet*, 360 (9335), 766–771.

## **Psychology of decision making**

Collins, R. & Leathley, B. (1995). Psychological predispositions to errors in safety, reliability and failure analysis. *Safety and Reliability*, 14, 6–42.

Dixon, N.F. (1994). Disastrous decisions. *The Psychologist*, 7, 303–307.

Flin, R. (1997). *Sitting in the hot seat: Leaders and teams for critical incidents*. Chichester: Wiley.

Granot, H. (1998). The human factor in industrial disaster. *Disaster Prevention and Management*, 7, 92–102.

Reason, J. (1990). The contributions of latent human failures to the breakdown of complex systems. In D.E. Broadbent, J. Reason & A. Baddeley (Eds.) *Human factors in hazardous situations*. Oxford: Clarendon Press.

Skriver, J., Martin, L. & Flin, R. (2004). Emergency decision making. In K. Smith, J. Shanteau & P. Johnson (Eds.) *Psychological investigations of competence in decision making*, pp. 124–148. Cambridge: Cambridge University Press.

## **Functioning of disaster responders**

Punch, M. & Markham, G. (2000). Policing disasters: the British experience. *International Journal of Police Science and Management*, 3, 4.

## **Psychology of perpetrators (terrorists, hostage takers, etc.)**

Salib, E. (2003) Suicide terrorism: A case of folie à plusieurs? *British Journal of Psychiatry*, 182, 475–476.

Wilson, M. (2000). Toward a model of terrorist behaviour in hostage-taking incidents. *Journal of Conflict Resolution*, 44, 403–435.

## **Role of the media**

The Dart Center: <http://www.dartcenter.org/regions/london/index.html>

International seminar: Communications and terrorism (2006). *Report of Seminar, 12–13 October 2006*. The Hague, The Netherlands.

## **Bioterrorism**

Havenaar, J.M., Cwikel, J.G. & Bromet, E.J. (2002). *Toxic turmoil: Psychological and societal consequences of ecological disasters*. New York: Kluwer Academic/Plenum Publishers.

# After disaster/Mental health interventions

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International Society of Traumatic Stress Studies resources:

<http://www.istss.org/resources/browse.cfm>

Katz, C.L. et al. (2002). Research on psychiatric outcomes and interventions subsequent to disasters: a review of the literature. *Psychiatry Research*, 110, 201–217.

Knafo, D. (Ed.) (2004). *Living with terror, working with trauma: A clinician's handbook*. Northvale, N.J.: Jason Aronson.

La Greca, A.M. et al. (2002). *Helping children cope with disasters and terrorism*. Washington, DC: American Psychological Association.

Ritchie, E.C. et al. (Eds.) (2006) *Interventions following mass violence and disasters: strategies for mental health practice*. New York: Guilford Press.

Rosenfield, L.B. et al. (1995). *When their world comes apart: Helping children and families manage the effects of disasters*. Washington, DC: NASW Press.

Ursano, R.J., Fullerton, C.S., & Norwood, A.E. (2003). *Terrorism and disaster: Individual and community health interventions*. Cambridge: Cambridge University Press.

## Screening/identification

Brewin, C.R. (2005). Systematic review of screening instruments for the detection of posttraumatic stress disorder in adults. *Journal of Traumatic Stress*, 18, 53–62.

Brewin, C.R. et al. (2002). A brief screening instrument for posttraumatic stress disorder. *British Journal of Psychiatry*, 181, 158–162.

Brewin, C.R. et al. (2008). Promoting mental health following the London bombings: A screen and treat approach. *Journal of Traumatic Stress*, 21, 3–8.

Horwitz, A.V. (2007). Distinguishing distress from disorder as psychological outcomes of stressful social arrangements. *Health: An International Journal for the Social Study of Health, Illness and Medicine*, 11, 273–289.

Klein, S. et al. (2002). The Aberdeen Trauma Screening Index: an instrument to predict post-accident psychopathology. *Psychological Medicine*, 32, 863–871.

Pynoos, R.S. et al. (1998). *UCLA PTSD Index for DSM-IV*. Unpublished instrument. University of California, Los Angeles.

Steinberg, A. et al. (2004). The University of California at Los Angeles Post-traumatic Stress Disorder Reaction Index. *Current Psychiatry Reports*, 6, 96–100.

## Early intervention

- Alexander, D.A. (2005) Early mental health intervention after disasters. *Advances in Psychiatric Treatment*, 11, 12–18.
- Bisson, J.I., Brayne, M., Ochberg, F.M. & Everly, G.S. (2007) Early psychological intervention following traumatic events. *American Journal of Psychiatry*, 164, 1016–1019.
- Bisson, J.I. & Cohen, J.A. (2006). Disseminating early interventions following trauma. *Journal of Traumatic Stress*, 19, 583–596.
- Bisson, J.I., Roberts, N., & Macho, G. (2003). Service innovations: The Cardiff traumatic stress initiative: An evidence-based approach to early psychological intervention following traumatic events. *Psychiatric Bulletin*, 27, 145–147.
- Chemtob, C.M. et al. (2002). Psychosocial intervention for post disaster trauma symptoms in elementary school children. *Archives of Paediatric and Adolescent Medicine*, 156, 211–216.
- Dyregrov, A. (2001). Early intervention: A family perspective. *Advances in Mind-Body Medicine*, 17, 168–174.
- Everly, G.S. (2003). *Critical Incident Stress Management (CISM): Individual crisis intervention and peer support*. (2nd edn.) International Critical Incident Stress Foundation: Ellicott City, Maryland.
- Gibson, M. (2006). *Order from chaos: Responding to traumatic events*. Bristol: Policy Press.
- Litz, B.T. & Maguen, S. (2007). Early intervention for trauma. In M.J. Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 306–329). New York: Guilford.
- Ørner, R. & Schnyder, U. (Eds.) (2003). *Reconstructing early intervention after trauma: Innovations in the care of survivors*. Oxford: OUP.
- Pennebaker, J.W. (1999) The effects of traumatic disclosure on physical and mental health: The values of writing and talking about upsetting events. *International Journal of Emergency Mental Health*, 1, 9–18.

## Bereavement/grief

- Bonanno, G.A. & Kaltman, S. (2001). The varieties of grief experience. *Clinical Psychology Review*, 21, 705–734.
- Bonanno, G.A. & Kaltman, S. (1999). Towards an integrative perspective on bereavement. *Psychological Bulletin*, 125, 760–776.
- Boss, P. (2000). *Ambiguous loss: Learning to live with unresolved grief*. Cambridge, Mass: Harvard University Press.

Cohen, J.A. et al. (2006). *Treating trauma and traumatic grief in children and adolescents*. New York: Guilford Press.

Kato, P.M. & Mann, T. (1999). A synthesis of psychological interventions for the bereaved. *Clinical Psychology Review, 19*, 275-296.

### **Treatment of chronic posttraumatic reactions**

Bisson, J.I. & Andrews, M. (2005). Psychological treatment of post-traumatic stress disorder (PTSD). In *The Cochrane Database of Systematic Reviews*, Issue 3. Chichester: John Wiley & Sons, Ltd.

Bradley, R., Greene, J., Russ, E., Dutra, L. & Westen, D. (2005). A multidimensional meta-analysis of psychotherapy for PTSD. *American Journal of Psychiatry, 162*, 214–227.

Duffy, M., Gillespie, K. & Clark, D.M. (2007). Post-traumatic stress disorder in the context of terrorism and other civil conflict in Northern Ireland: Randomised controlled trial. *British Medical Journal, 334*(7604), 1147 (doi: 10.1136/bmj.39021.846852.BE).

Foa, E.B., Keane, T.M. & Friedman M.J. (Eds.) (2000). *Effective treatments for PTSD: Practice guidelines from the International Society for Traumatic Stress Studies*. New York: Guilford Press.

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Gillespie, K. et al. (2002). Community-based cognitive therapy in the treatment of post-traumatic stress disorder following the Omagh bomb. *Behaviour Research and Therapy, 40*, 345–57.

Heir, T. & Weisaeth, L. (2006). Back to where it happened: Self-reported symptom improvement of tsunami survivors who returned to the disaster area. *Prehospital and Disaster Medicine, 21*, 59–63.

National Institute for Clinical Excellence (2005). Post-traumatic Stress Disorder (PTSD): *The Management of PTSD in adults and children in primary and secondary care*. London: National Collaborating Centre for Mental Health, 2005.

Resick, P.A., Monson, C.M. & Gutner, C. (2007). Psychosocial treatments for PTSD. In M.J.Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 330–358). New York: Guilford.

Saxe, G.N., MacDonald, H.Z. & Ellis, B.H. (2007). Psychosocial approaches for children with PTSD. In M.J.Friedman et al. (Eds.) *Handbook of PTSD: Science and practice* (pp. 359–375). New York: Guilford.

Schauer, M., Neuner, F. & Elbert, T. (2005) *Narrative exposure therapy: A short-term intervention for traumatic stress disorders after war, terror or torture*. Gottingen: Hogrefe & Huber.

Silver, S. et al (2005). EMDR therapy following the 9/11 terrorist attacks: A community based intervention project in New York City. *International Journal of Stress Management*, 12, 28–42.

Stallard, P. (2006). Psychological interventions for post-traumatic reactions in children and young people: A review of randomised controlled trials. *Clinical Psychology Review*, 26, 895–911.

### **Long-term outcomes**

Alexander, D.A. (1993). Stress among police body handlers: A long-term follow-up. *British Journal of Psychiatry*, 163, 806–808.

Andrews, B. et al. (2007). Delayed onset posttraumatic stress disorder: A systematic review of the evidence. *American Journal of Psychiatry*, 164, 1319–1326.

Hull, A.M., Alexander, D.A. & Klein, S. (2002). Survivors of the Piper Alpha oil platform disaster: Long term follow-up study. *British Journal of Psychiatry*, 18, 433–438.

Potter, N.N. (2006). *Trauma, truth and reconciliation*. Oxford: Oxford University Press.

Solomon, Z. & Mikulincer, M. (2006). Trajectories of PTSD: A 20-year longitudinal study. *American Journal of Psychiatry*, 163, 659–666.

### **Secondary traumatisation**

Alexander, D.A. & Klein, S. (2001). Ambulance personnel and critical incidents: Impact of accident and emergency work on mental health and emotional wellbeing. *British Journal of Psychiatry*, 178, 76–81.

Hagh-Shenas, H., Goodarzi, M.A., Dehbozorgi, G. & Farashbandi, H. (2005). Psychological consequences of the Bam earthquake on professional and non-professional helpers. *Journal of Traumatic Stress*, 18, 477–483.

Hyman, O. (2004). Perceived social support and secondary traumatic stress symptoms in emergency responders. *Journal of Traumatic Stress*, 17, 149–156.

Plant, B. (2001). Psychological trauma in the police service. *International Journal of Police Science and Management*, 3, 327–349.

### **Organisational responses**

Jones, N., Roberts, P. & Greenberg, N. (2003). Peer-group risk assessment: A post-traumatic management strategy for hierarchical organisations. *Occupational Medicine*, 53, 469–475.

Tehrani, N. (2004). *Workplace trauma – concepts, assessment and interventions*. Hove: Brunner Routledge.

Violanti, J.M. & Paton, D. (1999). *Police trauma: Psychological aftermath of civilian combat*. Springfield: Charles Thomas.

## Resilience

- Baum, L.N. (2005). Building resilience: a school based intervention for children exposed to trauma and stress. In Y. Danieli et al. (Eds.) *The trauma of terrorism: Sharing knowledge and shared care* (pp. 487–498). New York: Hanworth Press.
- Bonanno, G.A. (2004). Loss, trauma and human resilience: Have we underestimated the human capacity to thrive after extremely aversive events? *American Psychologist*, 59, 20–28.
- Connor, K.M. (2006). Assessment of resilience in the aftermath of trauma. *Journal of Clinical Psychiatry*, 67, 46–49.
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## WEB LINKS

- UK Trauma Group (specialist traumatic stress treatment centres in the UK):  
<http://www.uktrauma.org.uk>
- European Society of Traumatic Stress Studies: <http://www.estss.org>
- European Federation of Psychologists' Associations website on disaster, crisis, and trauma psychology: <http://disaster.efpa.be/>
- International Society of Traumatic Stress Studies resources on terrorism and disaster: <http://www.istss.org/resources/public.cfm>
- US Department of Veterans Affairs National Center for PTSD:  
<http://www.ncptsd.va.gov/ncmain/index.jsp>
- National Center for PTSD factsheet on disasters for health care providers:  
[http://www.ncptsd.va.gov/ncmain/healthcare/fact\\_sheets/treatment/index.jsp](http://www.ncptsd.va.gov/ncmain/healthcare/fact_sheets/treatment/index.jsp)
- National Center for PTSD factsheet on disasters for survivors:  
[http://www.ncptsd.va.gov/ncmain/information/trauma/disaster/general\\_ndis.jsp](http://www.ncptsd.va.gov/ncmain/information/trauma/disaster/general_ndis.jsp)
- National Center for PTSD factsheet on disasters for mental health care providers: [http://www.ncptsd.va.gov/ncmain/providers/fact\\_sheets/trauma\\_type/type\\_disaster.jsp](http://www.ncptsd.va.gov/ncmain/providers/fact_sheets/trauma_type/type_disaster.jsp)
- Impact (Dutch knowledge and advice centre for post-disaster psychosocial care):  
[www.impact-kenniscentrum.nl](http://www.impact-kenniscentrum.nl).
- David Baldwin's trauma pages: <http://www.trauma-pages.com/>
- University of Michigan Disaster Research and Mentoring Center:  
<http://www.sph.umich.edu/drem/>
- Federal Emergency Management Agency: <http://fema.gov>



Disaster Action (Charity supporting survivors and bereaved):

[www.disasteraction.org.uk](http://www.disasteraction.org.uk)

Sudden Trauma Information Service Helpline (STISH): <http://www.stish.org>

Children and War Foundation: <http://www.childrenandwar.org>

The National Child Traumatic Stress Network:

[http://www.nctsnet.org/nav.do?pid=hom\\_main](http://www.nctsnet.org/nav.do?pid=hom_main)

Child Trauma Institute: <http://www.childtrauma.com>

American Academy of Pediatrics (children and disasters pages):

<http://www.aap.org/disasters/index.html>

American Red Cross (children and disasters pages):

[http://www.redcross.org/services/disaster/0.1082.0\\_602\\_00.html](http://www.redcross.org/services/disaster/0.1082.0_602_00.html)

International Federation of Red Cross and Red Crescent Societies (psychosocial support pages): <http://psp.drk.dk/sw2955.asp>

All web links accessed 18 April 2008.

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**The Society has more than 46,000 members and:**

- has offices in England, Northern Ireland, Scotland and Wales;
- accredits undergraduate programmes at 117 university departments;
- accredits 143 postgraduate programmes at 84 university departments;
- confers Fellowships for distinguished achievements;
- confers Chartered Status on professionally qualified psychologists;
- awards grants to support research and scholarship;
- publishes 11 scientific journals, and also jointly publishes *Evidence Based Mental Health* with the British Medical Association and the Royal College of Psychiatrists;
- publishes books in partnership with Blackwells;
- publishes *The Psychologist* each month;
- supports the recruitment of psychologists through the Psychologist Appointments section of *The Psychologist*, and [www.psychapp.co.uk](http://www.psychapp.co.uk);
- provides a free 'Research Digest' by e-mail and at [www.bps-research-digest.blogspot.com](http://www.bps-research-digest.blogspot.com), primarily aimed at school and university students;
- publishes newsletters for its constituent groups;
- maintains a website ([www.bps.org.uk](http://www.bps.org.uk));
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- provides a service for the news media and the public;
- has an Ethics Committee and provides service to the Professional Conduct Board;
- maintains a Register of nearly 15,000 Chartered Psychologists;
- prepares policy statements and responses to government consultations;
- holds conferences, workshops, continuing professional development and training events;
- recognises distinguished contributions to psychological science and practice through individual awards and honours.

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- services to members – by responding to needs;
- public understanding of psychology – addressed by regular media activity and outreach events;
- influence on public policy – through the work of its Policy Support Unit, Boards and Parliamentary Officer;
- membership activities – to fully utilise the strengths and diversity of the Society membership;
- operates a Psychological Testing Centre which sets, promotes and maintains standards in testing.

**The British Psychological Society**

St. Andrews House, 48 Princess Road East, Leicester LE1 7DR, UK

Telephone 0116 254 9568 Facsimile 0116 247 0787 E-mail [mail@bps.org.uk](mailto:mail@bps.org.uk) Website [www.bps.org.uk](http://www.bps.org.uk)